

Active Living



Monday thru Thursday 8 am to 4 pm, Friday 8 am to 3 pm

Mason County Senior Activities Center

June 2021

Back To Normal?

- June will see a resumption of most activities at the Senior Center (see pages 6 & 7 for our new schedule - times may have changed)
- You will notice that all activities request at least a \$1 donation
- Due to this modified schedule, the general membership meeting will take precedence over all other activities on the 3rd Tuesday
- We especially need volunteers to help with check-in at the kiosk. Let Val know when you are available
- You must check in at the kiosk. Current members only at this time.
- If you are not fully vaccinated, you are required to wear a mask in the building
- No food or drink will be provided at this point. Please do not bring any food/drink to share.
- Congregant meals are on hold – we're waiting to hear more from Senior Services for South Sound
- Zoom Classes will still be available:
 - Yoga: Tuesday/Thursday 8:30-9:30
 - Tai Chi: Wednesday 8:30, Thursday 10:00
 - Contact Val for the class invitation (activities@mcsac.net)

Adopt-a-Road Volunteer Opportunity:

- Generally a 2 mile section of county road – could also choose an area within city limits
- Quarterly litter pick-up (during the week and mid-day)
- Hats/vests/signs/pick up sticks provided
- MCSAA name will be placed on Adopt-A-Road sign at the site for recognition

Nifty Thrifty:

- Masks are required for shopping at Nifty Thrifty for the safety of our workers and volunteers
- Nifty Thrifty is looking for 2+ volunteer cashiers. Experience is desired but they will train

General Membership Meeting – Tuesday, June 15, 2021 at 9:00 AM

- Must have 20 members attending to conduct any business
- Zoom will be available for you to attend remotely. Contact Val for the invitation (activities@mcsac.net)

Magazines

- We've been swamped with old magazines and ask that you please recycle them elsewhere --especially during this time of COVID

Farmers Market Vouchers

- LMTAAA is handling the Senior Farmers Market Voucher program this year. You can go to their website at <https://www.lmtaaa.org/farmersmarket> or pick up an application from the receptionist here at the Center. Applications will need to be emailed or mailed in.

Mason County Senior Activities Association

Annual membership dues are \$40

Activities Center "50 and Better Activities Center"

Address: 190 W. Sentry Dr., Shelton

Phone: (360) 426-7374

Email: info@mcsac.net **Web:** www.mcsac.net

FB: [https://www.facebook.com/](https://www.facebook.com/MasonCountySeniorActivitiesAssociation)

[MasonCountySeniorActivitiesAssociation](https://www.facebook.com/MasonCountySeniorActivitiesAssociation)

Staff:

Interim Director: Val Wedman

Event, Activities & Volunteer Coordinator:
Val Wedman

Bookkeeper & Data Coordinator: Penny Wilson

Volunteers: Contact Receptionist to help.

Receptionists:

Patt Matsen Phyllis Glisson
Kathy Abernathy-Robinson
Ella Kowalski Kathleen Blanchette

Center Hosts:

Doris Fredin Jill Neil
Irene Moffatt Ella Kowalski
Linda Bostwick

Gift Shop: Jill Neil

Sunshine: Jill Neil

Van Drivers: Clay Long, Glenn Harper,
Trent Palmer, Wayne Souza

Newsletter and Layout: Val Wedman and
Penny Wilson

Editorial Committee:

Julie Whaley Gale Glenn
Avis Ross Terry Nelson
Patt Matsen Steve Mutoli

Photography: Glenn Harper and Gale Glenn

Mailing Team: Gil Palmer, Al Lawrence,
Bill Bezanson & Ann Olli

Distribution: Nila LeGault, Reiko Mauer and
Steve Mutoli

Nifty Thrifty Store

Your Hometown Thrift Store
Voted Mason County's Favorite Thrift Store
826 W. Railroad Ave., Shelton, WA 98584
(360) 427-0858

E-mail: niftythrifty@hcc.net or

eBay ID: [niftythriftythriftstore1](https://www.ebay.com/str/niftythriftythriftstore1)

FB: <https://www.facebook.com/nifty.thrifty.shelton>



Open Monday-Saturday 9:30-5:00

Donations Monday – Saturday 10-4:30

Your quality donations are needed!

Store Director: Michelle Marks

Assistant Manager: Melissa Elliot

Staff: Linda Trail, Cathy Jones and Moriah Ward

Dedicated Volunteers:

Adelheid Krohne	Gary Yuan	Ruth Coots
Aloma Perez	Irene Moffatt	Vivian Bentkowski
Arlyn Skarich	Jan Kallinen	Marilyn Olson
Axel VanWormer	Jane Donahue	Jill Neil
Betty Thompson	Kyle Dimisillo	Wayne Souza
Carole Pelela	Maxine Neese	Rich Sawyers
Cynthia Middleton	Pamela Johnson	
Doug Kreklow	Rachel Sedlaek	
	Reda Keller	

Additional volunteers are always needed.

Call Michelle at 360-427-0858 to volunteer.

This institution is an equal opportunity provider and employer.

Center Holiday Closures

2021

January 1	New Year's Day
January 18	MLK Day
February 15	Presidents Day
May 31	Memorial Day
July 2	Independence Day
September 6	Labor Day
November 11	Veterans' Day
November 25-26	Thanksgiving
December 24	Christmas

Mission Statement

To enhance the quality of life of senior adults in our community through recreation, information, education and nutritional services, including health and wellness programs.

Meetings

MCSAA Virtual Board Meeting

Tuesday, June 8th at 9:30 am

The MCSAA Board meets the second Tuesday of each month at 9:30 am. If a member desires to bring something before the board, he or she should make the request in writing and give the request directly to MCSAA Board President Clay Long or Interim Director Val Wedman 24 hours in advance so the member can be added to the agenda. Please include your name, member number and phone number so Clay can contact you if there are any questions. To attend the virtual meeting, email Val (director@mcsac.net) for the link.

MCSAA 2021 Board

President: Clay Long
Vice President: Bill Bezanson
Secretary: Wayne Souza
Treasurer: Marilyn Olson
Patti Vernie
Lori Shipman
Open Spot(s) Available

MCSAA Member General Meeting

Tuesday June 15th at 9:00 am

Dining Room

The General Membership meeting for MCSAA is on the third Tuesday of each month at 9:00 am. All members in good standing (membership paid for 2021/22) are invited to the General Meeting. You will hear updates on Center, Nifty Thrifty and Pavilion activities. We encourage you to attend, it's your business!

Please Attend!

Center Wish List

We would greatly appreciate donations of:

Nifty Thrifty needs:

Clear Packing Tape
1" Masking Tape
Large Padded Envelopes
Plastic Grocery Bags
Bubble Wrap
Packing Peanuts



Thank you very much for your donations!

Here is a web address to our Amazon wish list for your convenience:

Please note that it is case sensitive.

<https://a.co/86hGxTi>

Trips

Trips are on a temporary hiatus until it is deemed safe. I know that this is disappointing. It is for us too! Val has some ideas of some fun and exciting things to do and see in the future. We just have to wait and see what she comes up with.

Receptionist Meeting

We will have a receptionist meeting the last Wednesday of the month at 1:00 pm in the conference room. This is a monthly meeting with ongoing training and communication for our front office receptionists.

Bulletin Board

Please, if you want something posted on our bulletin board, you *MUST* give it to Val, our Activities Coordinator.

Inclement Weather

In case of inclement weather, the Center follows the Shelton School District's weather policy. Please listen to our local radio station, KMAS 1030 AM & 103.3 FM or Seattle TV stations for details.



Senior Services for South Sound & Meals on Wheels
Congregate (group) meals are not available here at the Pavilion at this time.

Home Delivered Meals

Services are available which provide nutritious meals to older and disabled adults who are homebound and meet assessment criteria.

Senior Services for South Sound Olympia

Serving Mason County Residents
(360) 586-6181 Ext 124

www.SouthSoundSeniors.org

Drivers Wanted

Meals on Wheels is seeking compassionate volunteers with the desire to serve others in need and donate a few hours every two weeks as meal delivery drivers. Must have

- * Valid Washington Drivers License,
- * Auto insurance
- * Background check.

Mileage reimbursement is available.



New to Medicare

Free Zoom Presentations. Join us for a free, unbiased webinar all about Medicare!
Choose *one* of these available appointment times:

“Welcome to Medicare”

Wed., June 2 | Thurs. June 17

(These webinars run from 10 am to 12 pm)

Tues., June 15 from 1 pm to 3 pm

Mon., June 14 from 3:30 pm to 5 pm

To pre-register to reserve your Zoom webinar spot: ThurstonMasonShiba.Volunteers@southsoundseniors.org

Once we receive your email, we will send you the link to the webinar with more details.

We cover:

- Medicare A, B, C and D
- Help you understand your Medicare benefits and options
- How to avoid becoming a victim of Medicare fraud

Statewide Health Insurance Benefits Advisors (SHIBA) offers free unbiased and confidential service provided through the Office of The Insurance Commissioner. SHIBA provides a free overview of Medicare. For more information, Call SHIBA at 360-586-6181 ext.134.

Services for All Seniors at Mason County Senior Activities Center

Current MCSAC Membership is NOT required for the following Services.

Foot-Care-- is currently not available but we hope to offer this service soon. Look for coming announcements.

Abundance Table — is currently not available but we hope to offer this service soon. Look for coming announcements.

Commodity Supplemental Food Program
There is a sign up for the Commodity Supplemental Food Program – CSFP. This is a program for seniors over the age of sixty who meet federally regulated income guidelines. CSFP participants receive a 40-pound box of food once per month. For questions, or to get your application call **Todd at Thurston County Food Bank** for information **360-352-8597 x206.**

Priority Footwear- The 4th Monday of every month. Provides easy access to comfortable, custom fit, therapeutic footwear for the Diabetic community. Call Patty Popowich CFTS (360-593-1985) for an appointment.

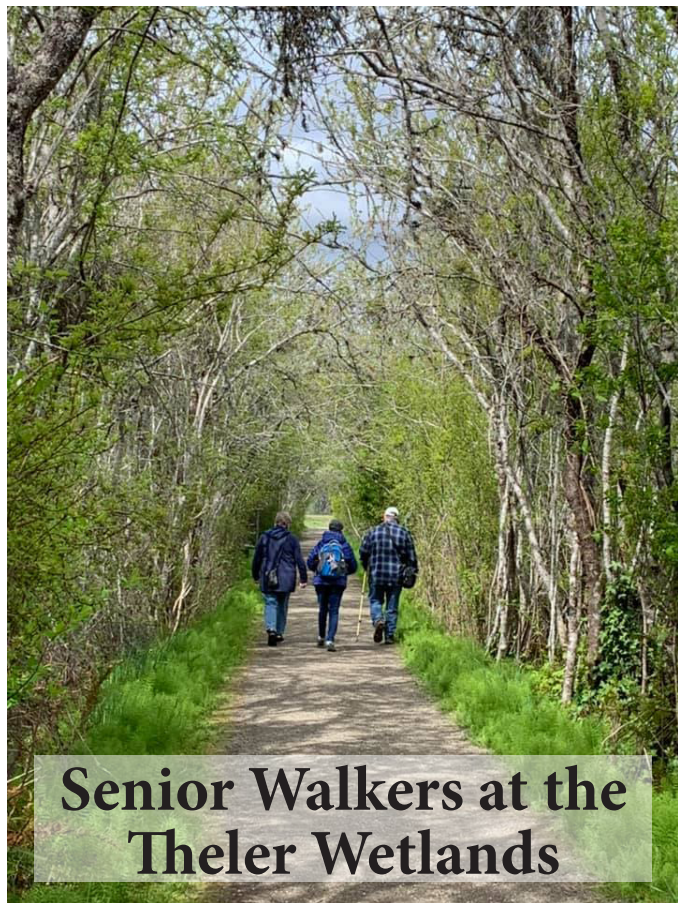
Free Medical Supplies Lending Library — Borrow walkers, toilet seat boosters, wheel chairs, etc., from our lending library. Supplies fluctuate. Please call 360-426-7374

Senior Walkers June Schedule

We meet at 9:50 am and leave promptly at **10 am**. Walks are always on Tuesdays.

\$1 suggested Donation

- **June 1st--Westport Dunes Trail**, Discovery Pass required and dogs OK then lunch out if you choose in Westport
- **June 8th-- Percival Landing Waterfront**, Dogs OK,
- **June 15th--Staircase ONP**, National Parks Pass required, no dogs, bring a sack lunch.
- **June 22nd--McLane Creek**, Dogs ok, Discover Pass required.
- **June 29th--Point Defiance Park--Tacoma**, dogs OK, lunch out if you choose, extra charges (parking, tolls entrance fees etc), no toilets at trail head



Senior Walkers at the Theler Wetlands

Want to go on an outing? We have some tickets!

The Skyview Observatory is on the 73rd floor of the Columbia Center in downtown Seattle.

The entire floor comprises the indoor observatory, offering a 360° panorama of Seattle – including Mt. Rainier and Mt. Baker!

We have 11 tickets...you can get all of them for your family and friends or just 1...or anything in between! These are open ended tickets that do not expire!

Ticket cost is \$20/each and are ‘anytime’ tickets – which means you do not need to schedule your trip with them.

Check website for time frames and restrictions. Masks are required for entry into Columbia Center.

Spoiler Alert...the women’s bathroom has great windows too and the men are always trying to sneak in!

.....
Exit Puzzle Escape Room gives you sleuthing opportunities!

This 70 minute experience in Olympia allows you to be immersed in mysteries and puzzles as you solve the questions in the thematically decorated rooms.

We have 8 tickets with no expiration date – which coincides with the number in the pre-scheduled groups!

For \$30/person, you will be given a confirmation code that can be used to redeem your time, which you will schedule with them.

This is a fun activity where you can prove you’re as smart as you’ve always claimed!

.....
Seattle Aquarium and Woodland Park Zoo

We have tickets to the aquarium and the zoo. But because we are not currently scheduling any trips, we will give you these tickets so you can take yourselves there! There is no charge for the zoo or aquarium tickets.

Talk to Val if you’re interested...limit is 4/person.

Classes and Activities for Current Members

All classes subject to change. Please confirm with the receptionists

FITNESS FOR MEMBERS

DESCRIPTION	DAY	TIME	COST
Tai Chi: At the Center	Monday Wednesday Friday	8:30-9:15 AM	\$1 donation
Tai Chi: Zoom	Wednesday Thursday	W 8:30-9:15 AM TH 10-10:45 AM	\$1 donation
Line Dance: At the Center	Monday Wednesday Friday	10-11:30 AM	\$1 donation
Line Dance: Advanced at the Center	Tuesday	10-11:30 AM	\$1 donation
Yoga: Zoom	Tuesday Thursday	8:30-9:30 AM	\$1 donation
Yoga: At the Center	Tuesday Thursday	8:30-9:30AM	\$1 donation
Senior Walkers (April-October)	Tuesday	10AM	\$1 donation

GAMES FOR MEMBERS

DESCRIPTION	DAY	TIME	COST
Bingo	Thursday	10AM	\$1 for 3 cards
Bridge	Thursday	9AM	\$1 donation
Cribbage	Daily	8:15AM	\$1 donation
Hand & Foot Fun card game with roots in Canasta	Wednesday	1PM	\$1 donation
Jokers Rule! Learn this fun game with cards and marbles	Tuesday	9AM	\$1 donation
Mahjong Come learn American League rules	Thursday	9AM	\$1 donation
Mexican Train Dominoes	Monday Wednesday Friday	9AM	\$1 donation
Pinochle (Beginning)	Friday	12PM	\$2 donation
Pinochle (Intermediate/Advanced)	Monday Wednesday	12:30PM	\$2 donation

Classes and Activities for Current Members

All classes subject to change. Please confirm with the receptionists

CLASSES FOR MEMBERS

CLASS NAME	DAY	TIME	COST
<p>Sewing Circle: June Project is a Grocery Bag Holder Come work on our monthly project. These projects are sold at different fundraising events MCSAA hosts. Supply kits and pattern are supplied. Make one or twenty--all profits benefit the Center</p>	<p>Tuesdays except for the 3rd Tues. of the month</p>	<p>9:30AM- 12PM</p>	<p><i>\$1 donation</i></p>
<p>Block of the Week / Quilt as You Go Each week we will learn a new block and ideas on how to quilt it. Finished project size is up to you. This class will continue throughout the year. Classes will be drop in style so you do not have to attend or sign up for all of them. Materials list available on the bulletin board in the sewing room.</p>	<p>Thursday</p>	<p>9:30AM- 12PM</p>	<p>\$5 Members per class/</p>
<p>EZ Crafters The crafters work on a variety of projects, many of which end up for sale in our annual bazaar.</p>	<p>Thursday</p>	<p>9AM- 12PM</p>	<p>\$1 donation</p>
<p>Art Workshop Need a place to paint? This workshop offers you a great spot to paint with friends In the MCSAC dining room. Bring your own supplies and work on your project.</p>	<p>Monday</p>	<p>1PM</p>	<p>\$1 donation</p>
<p>Woodcarving The Shelton chapter of the Capital Woodcarvers Club. The woodcarvers can provide assistance, training and access to tools and wood supplies. Located in the back of the dining room.</p>	<p><i>Coming</i></p>	<p><i>Soon</i></p>	<p><i>\$1 donation</i></p>
<p>Knitting Circle Work on projects to be sold at different fundraising events MCSAA hosts. Some supplies are available for projects. Meet in conjunction with the Sewing Circle</p>	<p>Tuesdays except for the 3rd Tues. of the month</p>	<p>9:30AM- 12PM</p>	<p>\$1 donation</p>
<p>Machine Knitting Class Have you ever done machine knitting? Or wanted to try? In the MCSAC Sewing Room. Machines will be available for use during the class. Space is very limited, please sign up with reception.</p>	<p><i>Coming</i></p>	<p><i>this fall</i></p>	<p><i>\$1 donation</i></p>

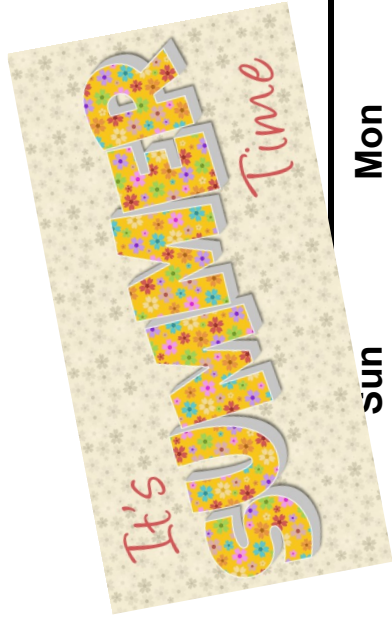
If you are NOT fully vaccinated, you are required to wear a mask in our building.

June 2021 A

Every Monday	Every Tuesday	Every Wednesday
8:15am Cribbage 8:30am Gentle Tai Chi 9am Mexican Train 10am Line Dance 10am Zoom Line Dance 12:30pm Pinochle 1pm Artists Workshop 4pm Center Closed	8:15am Cribbage 8:30am Zoom Yoga 8:30am Yoga 9am Joker's Rule 9:30am Sewing Circle 10am Line Dance 10am Senior Walkers 12pm Center Closed	8:15am Cribbage 8:30am Gentle Tai Chi 9am Mexican Train 10am Line Dance 10am Zoom Line Dance 12:30pm Pinochle 1:00pm Hand & Foot 4pm Center Closed
Monday	Tuesday	Wednesday
	1 10 Senior Walkers: Westport Dunes Trail 12pm Center Closed	2 10-12 SHIBA Zoom Appt.
7	8 9:30 Board Meeting 10 Senior Walkers: Percival Landing Waterfront 12pm Center Closed	9
14 3:30-5 SHIBA Zoom Appt.	15 9:00 General Membership Meeting 9:00 No Sewing Circle 9:00 No Games 10 Senior Walkers: Staircase Olympic National Park 12pm Center Closed 1-3 SHIBA Zoom Appt.	16
21	22 BloodworksNW Blood Drive 10 Senior Walkers: McLane Creek No Yoga at Center 12pm Center Closed	23 BloodworksNW Blood Drive
28	29 10 Senior Walkers: Point Defiance Park - Tacoma 12pm Center Closed	30

Activities

Every Thursday	Every Friday	Every Weekend
8:15am Cribbage 8:30am Zoom Yoga 8:30am Yoga 9am E-Z Crafters 9am Mahjong 9am Bridge 9:30am Quilting 10am Thursday Bingo 12pm Center Closed	8:15am Cribbage 8:30am Gentle Tai Chi 9am Mexican Train 10am Line Dance 10am Zoom Line Dance 12:00pm Pinochle 3pm Center Closed	
Thursday	Friday	Saturday/Sunday
3 12pm Center Closed	4	5/6
10 12pm Center Closed	11 9 Editorial Committee Meeting	12/13
17 10-12 SHIBA Zoom Appt. 12pm Center Closed	18	19/20
24 BloodworksNW Blood Drive No Yoga at Center 12pm Center Closed	25	26/27
There are 44 members with June birthdays	Don't forget to check Nifty Thrifty's sales calendar. Members get extra special discount days!	We love our volunteers!



Nifty Thrifty June 2021



sun	Mon	Tue	Wed	Thu	Fri	Sat
Sales Color Green	Summertime is finally	1 Seniors & Military Receive 15%	2 Kitchen Items 25% off	3 Electronics 25% off	4 MCSAA 33% off	5 Crafts 25% off
6 Closed	7 Kids Clothing 25% off	8 Seniors & Military Receive 15%	9 Purses 25% off	10 White Tags 25% off	11 White tags 25% off	12 Lamps 50% off
13 Closed	14 Jewelry 25% off	15 Seniors & Military Receive 15%	16 Books 50% off	17 Books 50% off	18 Fabric 50% off	19 Shoes 50% off
20 Closed	21 Green Tags 75% off	22 Seniors & Military Receive 15%	23 Linens 25% off	24 Furniture Items 25% off	25 Knickknacks 25% off	26 White Tags 25% off
27 Closed	28 Green Tags 90% off	29 Seniors & Military Receive 15%	30 Artwork 25% off	Get your Hawaiian Shirts!	Please WEAR your MASK!	Recycle! Reuse!! Repurpose!!!
Closed	Call us for donation drop off 360-427-0858	Make new friends, volunteer!	We are always looking for jewelry.	Get your summer dresses here!	Nifty Thrifty is the major funding source for the MCSAA	Hours Mon-Sat 9:30-5:00

Our goal is to provide quality merchandise at fair prices. Nifty Thrifty Store is the major funding source of the Mason County Senior Activities Association. Please call 360-427-0858 and ask about donation pick up services.

KIOSK

Please remember to check in at the kiosk on your way in, even if there is a line.

It helps **us** to know who is here volunteering, taking classes and visiting.

We will be using the raffle feature within the kiosk for our general meeting drawings.

It helps **you** to know what is going on at the center with information and reminders.

In the event of an emergency we need to know how many people are possibly at the center.

We want to thank you all for checking in!

VOLUNTEERS NEEDED

Do you have some time to invest in MCSAA?

As you know, volunteers are what makes our world go round here at the Senior Center. And we have some gaps that we're asking you to fill.

Volunteering is the best way to meet new friends and help the Senior Center at the same time. We would love to have you join our friendly group. Stop by the reception office and fill out a volunteer form today!

See Val for more information.

According to the May 12th news release from the Washington Department of Health, "Most people are choosing to get vaccinated. More than 57% of people in Washington eligible for vaccine have received at least one dose and nearly 44% of people 16 and older are fully vaccinated against COVID-19."

Seeking Senior Center Director for Mason County Senior Activities Center.

Primary responsibilities:

Maximizing revenue with experience developing and overseeing an annual budget; Ability to network with other organizations, deepening relationships and engaging the senior community; Good data entry experience and computer skills. Must have the ability to organize a variety of tasks, meet deadlines and attend to details. Demonstrated ability to lead an organization through change and growth. Strong listening, public speaking and writing skills. Experience in program development and oversight. Bachelor's degree with 3+ years of executive level experience or comparable. Must be a visionary with proven leadership skills and experience working with a Board of Directors. This is a full-time position.

Application and full job description available online at www.mcsac.net. Send letter of interest and resume to MCSAA, 190 W. Sentry Dr, Shelton, WA 98584 or email director@mcsac.net

Do You Still Need A COVID Vaccine Shot?

The Medicine Shoppe in Shelton has the vaccine. At the time of this printing, they have Moderna and J&J.

To make an appointment call **360-426-4272** and then push 0 when prompted.



Our May General Meeting had 42 members in attendance.

It is starting to look like old times!



Code of Conduct Reminder

The purpose of the Code of Conduct is to promote an atmosphere of harmony & understanding at the Mason County Senior Activities Center, assuring participants and staff alike, that the behavior of all in attendance will be guided by a common set of rules for the mutual benefit of all.

MCSAA supports the Activities Center and its Events by selling donated items through Nifty Thrifty & the Center's Gift Shop. **Everything** that is donated to MCSAA at either the Railroad Avenue location or the Sentry Drive location should be sent either to Nifty Thrifty for pricing and sale or approved through the Staff to be utilized for the Association. Items that are donated to MCSAA should not be taken home by anyone unless they have been purchased through Nifty Thrifty or the Center's Gift Shop.

Please remember: Once an item is brought to MCSAA with the intention of donating it to MCSAA, it becomes the property of the Mason County Senior Activities Association. That item's sale should go either towards the Center's events or the functioning of the Association. We provide free services such as the Abundance Table as well as the Medical Lending Library. Items that are not on the Abundance Table or part of the Medical Library should **NOT** be considered "FREE."

Become a Corporate Sponsor

Sponsorship is a great way for businesses throughout the community to support the Mason County Senior Activities Association and thus our Senior Center, Nifty Thrifty & Pavilion. Our Sponsors mean so very much to our Senior Center! Businesses can sponsor the many special events that are to benefit the Center's Members throughout the year. We have raffles that businesses can donate gift certificates, merchandise, or services to during our monthly member meetings and special events. Sponsors donate in many special ways including:

- Providing activities for our Members (Like Bingo, Potlucks, Music)
- Bringing in meals and treats for our Seniors
- Buying ad space in our monthly newsletter and more!
- Each month the Center mails and emails over 800 newsletters to its members and distributes another 500+ in the community. Advertising space is available to purchase in our newsletter, which also gives businesses the unique opportunity to give an informational presentation to our members during the year and to display business cards and/or brochures on our Sponsor Table.
- The balance of funds for ads that are canceled before the agreed upon time frame by sponsors will be considered a donation to the Senior Center.

If you are interested in becoming one of our valued Sponsors, please contact our Director at director@mcsac.net or 360-426-7374 for more information about the benefits of becoming one of our Corporate Sponsors.

COMPUTER SERVICE @ YOUR DOOR
DAVE'S COMPUTER SERVICE
360-898-3800

Please support our **Corporate Sponsors** who support us.

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Julie Cook
 Attorney at Law

P.O. Box 821 / 613 West Pine St
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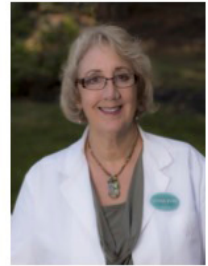
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Kathleen Blanchette

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 Shelton, WA
 Located next to Treasures Thrift Store

(360) 427-8044

Sojourners Welcome!

Stated Communication 2nd Thursday
 of each Month (In June, 3rd Thursday)
 Lodge 7:30 pm (Masons Only)
 www.freemason-wa.org

2 B >
 Ask 1



At **Union City Lodge #27 F.&A.M.**
 Across from Lucky Dog Casino
 Questions: 360-490-4695
 unioncity27@gmail.com

We offer business card to large size ad spaces. For more information and our rate card please email Penny at bookkeeper@mcsac.net

This newsletter reaches more than 1,200 seniors throughout Mason County and beyond.

*We want to thank all of our **Corporate Sponsors** for all they have done for us. We really appreciate it!!!*

Please support our **Corporate Sponsors** who support us.

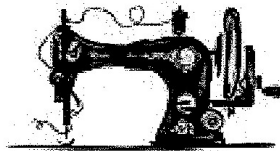
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kixfixing@gmail.com

360.490.8825



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360-490-5771

jboothe511@yahoo.com

Independent Medicare Insurance Agent

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UnitedHealthcare Medicare Solutions



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The Pavilion

Shelton's historic Venue for your events.
Specializing in weddings, reunions, meetings,
business conferences, and parties.

Event Coordinator: Val Wedman
360-426-7374 ~ pavilion@mcsac.net
190 W. Sentry Drive
Shelton, WA 98548

<https://www.facebook.com/PavilionSentryPark/>

MASON COUNTY SENIOR ACTIVITIES ASSOCIATION



190 W. Sentry Drive
 Shelton, Washington 98584
 Phone: 360-426-7374 Fax: 360-426-1955
 www.mcsac.net



2021/2022 Membership Application and Agreement

Welcome! We hope you enjoy making new friends and participating in our many activities, classes, trips and volunteer opportunities. MCSAA Members enjoy great benefits including:

- Our excellent Active Living Newsletter every month
- Free birthday Lunch on the third Friday in the month of your Birthday
- Discounted Pricing on most trips and classes
- Exclusive access to some Center Classes, Trips & Functions
- Discount at our Nifty Thrifty Thrift Store
- Your emergency information on file in case it is needed

Annual Dues are \$40 per person. Membership is for those 50 or better, however, spouses of a 50+ member, that are not yet 50, may join as an Associate (non voting) member.

Make checks payable to M.C.S.A.A. (Mason County Senior Activities Association)

Please, PRINT all information CLEARLY

FIRST NAME: _____ MIDDLE _____

LAST NAME _____ NICKNAME _____

DATE OF BIRTH: ____/____/____ Male Female PHONE: _____

CELL _____ - _____ - _____ EMAIL ADDRESS _____ @ _____

MAILING ADDRESS: _____, _____, _____, zip _____

- Check One: I prefer to receive my monthly Active Living newsletter by Regular US Mail
 Please save the cost of US Mail and email my Active Living newsletter
 I want to save MCSAA Postage, I'll see Active Living on their web site

In Case of Emergency (Please fill this optional information out. Our members who have needed us to call for help have been thankful that they did)

Name: _____ Relationship _____
 Phone #: _____ Cell _____
 Physician _____ Phone #: _____

Ethnicity * Circle One **Caucasian** **African American/Black** **Hispanic/Latino** **Asian**
 Middle Eastern **Pacific Islander** **Native American/Alaskan** **Other**

*All Information is kept confidential but is useful for reporting anonymous statistics for Grant applications and other funding. Your cooperation is most appreciated.

Hold Harmless Agreement: I freely and knowingly assume the risks inherent in my participation in all activities, including all classes, travel and volunteer duties. I do hereby agree to indemnify, release, and hold Mason County Senior Activities Association, a WA non-profit corporation, doing business as Mason County Senior Activities Center & Nifty Thrifty, it's employees, volunteers, officers, board members and other persons or organizations harmless from and against any and all liability for any injury, loss of property, damages, or death, which may be suffered by me, or my Guests, arising out of, or in any way connected with volunteering or participating in any activities at the Center, Center sponsored activities at other locations, or while traveling with the Center, in the Center's bus or under it's auspices. Specifically, I understand that Mason County Senior Activities Association provides no medical insurance, and that I am responsible for the cost of treatment for any injury to me or my Guests.

Furthermore, I acknowledge that I am being strongly advised to consult a licensed physician prior to my participation in the activities that I have chosen, to determine their suitability and safety given my current medical condition. In addition, I acknowledge that MSCAA is not responsible for reminding me of activities that I have signed up for.

Photos/Video/Audio Release: I am aware that the Center activities are occasionally photographed by Center representatives the media and others, and that still photos, and/or audio and video recordings may be made to help promote the Center's non-profit mission, and fundraising efforts. I hereby give my permission for me to be photographed and recorded while participating in Mason County Senior Activities Association activities.

Thank you for joining... Your membership dues help provide services and programs to the Mason County Community. We are completely self funded by Nifty Thrifty, Pavilion Rentals, Members, Donors & Sponsors.

Signature _____ DATE: ____/____/20__

Last Name, First

Member #

New Member

Renewal

Key Tag

SCHEDULED

WSP Check Completed

MCSAA 190 West Sentry Drive, Shelton WA 98584 Phone 360-426-7374 Fax 360-426-1955 www.mcsac.net

Volunteers are the Heart and Soul of our Center.*If you would like to volunteer your talents to our organization, please check those areas where you would like to help below.***Volunteer Questionnaire**

Activities of interest or Skills you Possess— Please check all that apply & fill in any blanks that apply.

- | | |
|--|---|
| <input type="checkbox"/> Serve on the MCSAA Board | <input type="checkbox"/> Facility Management |
| <input type="checkbox"/> Newsletter Publication | <input type="checkbox"/> a. Electrical |
| <input type="checkbox"/> Newsletter & Flyer distribution | <input type="checkbox"/> b. Plumbing |
| <input type="checkbox"/> Newsletter folding, sealing & mailing | <input type="checkbox"/> c. Carpentry |
| <input type="checkbox"/> Teaching Computer Classes: Beg/Inter or Adv | <input type="checkbox"/> d. Handyman/Repairs |
| <input type="checkbox"/> Teach _____ Class (fill in your skill) | <input type="checkbox"/> e. Painting |
| <input type="checkbox"/> Teach Genealogy Class | <input type="checkbox"/> f. Janitorial |
| <input type="checkbox"/> Teach a Health/Diet/Nutrition Related Class | <input type="checkbox"/> g. Garden/Grounds |
| <input type="checkbox"/> Teach a writing class | <input type="checkbox"/> Clerical/Secretarial |
| <input type="checkbox"/> Teach a _____ exercise class | <input type="checkbox"/> a. Data Entry |
| <input type="checkbox"/> Reception Desk (answering phones, taking money, trips, registering new members) | <input type="checkbox"/> Are you computer literate? Y N |
| <input type="checkbox"/> Host (Make Coffee/tea/ maintain treats & utensils) | Miscellaneous |
| <input type="checkbox"/> Cook/clean/prep for Friday Lunches | <input type="checkbox"/> b. Grant Writing |
| <input type="checkbox"/> Volunteer to help with Special events | <input type="checkbox"/> c. Fundraising |
| <input type="checkbox"/> Cook/clean/prep for Special Events | |
| <input type="checkbox"/> Decorate/Set up for Special Events | |
| <input checked="" type="checkbox"/> Provide entertainment | |
| <input type="checkbox"/> Bingo Caller/set-up/take down/Karaoke Host | Your Ideas: |
| <input type="checkbox"/> Potluck Help | _____ |
| <input type="checkbox"/> Decorate the Center for seasonal cheer | |
| <input type="checkbox"/> Make Crafts to sell or decorate to our fundraisers | |
| <input type="checkbox"/> Photography (take pictures at events and of Members) | |
| <input type="checkbox"/> Trip Driver (must have clean driving record) | |

**I hereby authorize a background check to be done by the
W.S.P. Watch for the purpose of working with vulnerable adults and
our insurance. This is required for any and all positions.**

Signature _____ DATE: ____ / ____ / 20 ____

PHONE # _____

Print Name: _____ DOB: ____ / ____ / ____

Any other names used? _____

Additional information we might find useful? _____