

Active Living



Monday thru Thursday 8 am to 4 pm, Friday 8 am to 3 pm

Mason County Senior Activities Center

November 2022

Board Member Nominations

In December we will be voting for three board members. This is the month to throw your hat in the ring if you want to run for the board. If you are not sure what being a board member entails, please ask one of our current board members.

A Matter of Balance

We are offering A Matter of Balance classes again. This class will be on Thursdays from 1-3 pm starting Nov. 10th. Cost to attend is \$10 for the 8 week class session. Space is limited but we will be having more classes in 2023.

April Bazaar/Nifty Thrifty Sale

We will be holding our annual Spring Bazaar on April 1, 2023. At the same time Nifty Thrifty will be holding a big sale. We are excited that things are getting back to normal. Vendor applications are available now at the receptionist office and online.

Volunteer Ice Cream Social

Our volunteer ice cream social is back. This will be held on the last Tuesday of the month following lunch. We love our volunteers and we love ice cream. This is just the best of both!

Tree Trimming Party Nov. 22

This year and hopefully every year in the future we thought it would fun to decorate a Christmas tree, as some others may not have the space or desire to do so. One problem we thought was we can't just have one tree, so it was decided that we would have multiple trees that members could decorate. We can't wait to see all the trees. We will also have treats to snack on.

Tree 1: Line dancer tree

Tree 2: For the coffee and game bunch

Tree 3: For the bingo and the artists

Tree 4: For Tai Chi, Yoga and the reading group

Tree 5: For the crafters, knitters and sewing group.

Covid Vaccination is required during normal business hours. M-TH 8am-4pm, F 9am-3pm

Upcoming Events!!!

- Nov. 4 LeMay Car Museum Trip
- Nov. 8 Board Meeting
- Nov. 9 Glass Museum Trip
- Nov. 10 A Matter of Balance starts
- Nov. 11 Closed for Veterans Day
- Nov. 11 Friday Fun Night
- Nov. 15 General Meeting
- Nov. 16 Thanksgiving Lunch
- Nov. 18 November Birthday
- Nov. 18 Holiday Food and Gift Fair
- Nov. 22 Tree Trimming Party
- Nov. 24-25 Closed for Thanksgiving

Center Holiday Closures 2022

January 1	New Year's Day
January 17	MLK Day
February 21	Presidents Day
May 30	Memorial Day
June 20	Juneteenth
July 4	Independence Day
September 5	Labor Day
November 11	Veterans' Day
November 24-25	Thanksgiving
December 26	Christmas

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Mason County Senior Activities Association

Annual membership dues are \$50

Activities Center

"50 and Better Activities Center"

Address: 190 W. Sentry Dr., Shelton

Phone: (360) 426-7374

Email: info@mcsac.net Web: www.mcsac.net

FB: <https://www.facebook.com/>

[MasonCountySeniorActivitiesAssociation](https://www.facebook.com/MasonCountySeniorActivitiesAssociation)

Staff:

Senior Center Director: Penny Wilson

Activities Coordinator: Teresa Sanders

Bookkeeper/Volunteer Coordinator: Alex Banks

Kitchen Manager: Debra del Bosque

Kitchen Volunteers:

Judy Siegel Denise Murchison

Receptionists:

Patt Matsen Denise Avery-Baeten
Wendy Price Carla Tranum

Center Hosts:

Doris Fredin Shirley Schober

Gift Shop: Open

Sunshine: Open

Van Drivers: Glenn Harper, Bill Price, Gary Miner,
Irene Garavito, Mike Mosberger, Mat Taylor,
Ava Taylor, Kyle Banks

Newsletter and Layout: Penny Wilson

Editorial Committee:

Julie Whaley, Gale Glenn, Avis Ross,
Patt Matsen, Steve Mutoli, Gary Miner,
Dave Pierik, Linda Frizzell

Photography: Gale Glenn and staff

Mailing Team: Gil Palmer, Bill Bezanson,
Mike Mosberger, Dorothy Calleja

Distribution: Reiko Mauer, Steve Mutoli,
Doris Fredin

The Senior Center is always looking for volunteers.
If you are interested, please see Alex Banks, our
Volunteer Coordinator.

Greatest needs right now:

Volunteer Dishwashers, Receptionist, Hostess

Mission Statement

Create and nurture opportunities for senior residents of rural Mason County to maintain optimal physical, emotional and spiritual health by helping them to maintain connections with necessary clinical, nutritional and social-emotional support services as well as to each other.

Nifty Thrifty Store

Your Hometown Thrift Store

Voted Mason County's Favorite Thrift Store

826 W. Railroad Ave., Shelton, WA 98584

(360) 427-0858

E-mail: niftythrifty@hcc.net or

eBay ID: [niftythriftythriftstore1](https://www.ebay.com/str/niftythriftythriftstore1)

FB: <https://www.facebook.com/nifty.thrifty.shelton>

MCSAA

Members receive 20%
off regular priced items
in store \$5 or more, with some
exceptions.

Members: **Remember to show your
cardboard 2022/2023 membership card
before cashier starts ringing up your order.
Your plastic key card is not proof of
current membership. Contact the
Center if you need another
cardboard card.**

Open Monday-Saturday 9:30-5:00

Donations Monday – Saturday Hours Vary
Please call to see if we are accepting donations that
day. Each day varies. We fill up fast!

Your quality donations are needed!

Store Director: Michelle Marks

Assistant Manager: Melissa Elliot

Staff: Linda Trail, Cathy Jones and Moriah Ward

Dedicated Volunteers:

Aloma Perez	Irene Moffatt	Vivian Bentkowski
Axel Van Wormer	Jan Kallinen	Marilyn Olson
Betty Thompson	Jane Donahue	Rich Sawyers
Carole Pelela	Maxine Neese	Cheral Cowsert
Cynthia Middleton	Rachel Sedlaek	Wayne Souza
Doug Kreklow	Reda Keller	Denise Miner
Gary Yuan	Ruth Coots	

Additional volunteers are always needed.
Call Michelle at 360-427-0858 to volunteer.
This institution is an equal opportunity employer.

2022/2023 Membership Bonuses

Nifty Thrifty Discount

In store, receive 20% off regular priced items of \$5 or more with some exceptions. Your 2022/2023 membership paper card must be shown before the cashier starts to ring up your order.

Members receive a discount on Pavilion rentals. For more details please see a staff member or contact pavilion@mcsac.net.

Meetings

MCSAA Board Meeting

Tuesday, Nov. 8th at 9:30 am

The MCSAA Board meets the second Tuesday of each month at 9:30 am. If a member desires to bring something before the board, they should make the request in writing and give the request directly to MCSAA Board President Gary Miner or Senior Center Director Penny Wilson, 24 hours in advance so the item can be added to the agenda. Please include your name, member number and phone number so the board can contact you if there are any questions. Meetings are open to the membership.

MCSAA 2022 Board

President Gary Miner
Vice President Bill Bezanson
Treasurer Marilyn Olson
Secretary Lori Shipman
Leona Osterman
Synnove Pettersen
Patti Vernie
Sam Selby

MCSAA General Membership Meeting
Tuesday Nov. 15th at 9:15 am

Board Nominations!

The General Membership meeting for MCSAA is on the third Tuesday of each month at 9:15 am. All members in good standing and current paid membership are invited to the general meeting. As always it is incredibly important to attend.

If items need to be voted on, this is when that happens.

Front Entrance Bulletin Board

Remember if you want something posted on our front entrance bulletin board, you **MUST** give it to the Teresa or Penny.

Center and Nifty Thrifty Wish List

We would greatly appreciate donations of:

Senior Center needs:

Disposable Coffee Cups, paper preferred
Decaf Coffee
Napkins
6 inch paper plates



Nifty Thrifty needs:

Clear Packing Tape
1" Masking Tape
Large Padded Envelopes
Plastic Grocery Bags
Bubble Wrap
Regular Coffee
Sugar and Creamer
Large Black Garbage Bags

Above is the QR code for our Amazon wish list. If you don't know how to use a QR code., the staff at the center can help..

Thank you very much for your donations!

MCSAA at Shelton Cinemas Members Only

Fridays, usually at 1:30 pm, but times may vary. Call the Center.

Enjoy an afternoon of fun seeing first run movies. Current MCSAA membership is required. Prices: \$3.50 per person with advance payment before 11:00 am on Friday at the reception desk and \$4.00 at the cinema. Doors open at 1:15 pm. Please follow the rules of the cinemas.

Tuesday Movie at the Senior Center

The Senior Center presents a film nearly every Tuesday afternoon, at **1pm**. Please see the bulletin board for the flyer.

Inclement Weather and Closures

In case of inclement weather, the Center follows the Shelton School District's weather policy. Please listen to our local radio station, KMAS 1030 AM and 103.3 FM or Seattle TV stations for details you may also receive a robo-call from the center or text from 1-855-376-6215.

Services for All Seniors at Mason County Senior Activities Association

Current MCSAA Membership is NOT required for the following Services.

Senior Center Cafe

Hearty and healthy lunches are prepared by our kitchen staff and volunteers. Lunch is served Monday-Thursday at noon and Fridays at 11:30 am.

Suggested minimum donation is \$4 per meal for seniors 50 and older.

Lunches are \$8 per meal for persons under 50.

Meals are open to the public but rules of the building will be strictly enforced.

You are required to show your vaccination card if you are not a member of MCSAA. If you are a member of the MCSAA, you are required to have your vaccination card on file.

Parkinson's Support Group --

The 2nd Wednesday of every month the local Mason County Parkinson's support group will meet here at the Senior Center at 1 pm. The next meeting is Nov 9th.

Zumba Gold with Sarah Martin

Tuesday and Thursdays 5:30-6:30 pm. \$5 per class. Punch card option available.

Financial Fitness with Darrell McVea

Financial educator from Peninsula Credit Union. 1st and 3rd Monday of the month after lunch in the dining room.

Free Medical Supplies Lending Library

Borrow walkers, toilet seat boosters, wheel chairs, etc. from our lending library. Supplies fluctuate. Please call us at 360-426-7374.

Legal Aid Clinic

Contact Thurston County Legal Aid Clinic and get scheduled for a legal aid appointment. 360-705-8194 or 1-844-211-6916.

Abundance Table — We are offering items, as available, on our abundance table near the dance floor. Some items may also be in the refrigerator in the back of the dining room. Reminder to take only two items please.

New to Medicare

In person at the Senior Center in Shelton

Thurs., Nov 17 from 11 am to 12:15 pm

Free Zoom Presentations. Choose *one* of these available appointment times:

"Welcome to Medicare"

Wed., Nov. 2 from 10 am to noon

Tues., Nov. 15 from 1 pm to 3 pm

Thurs., Nov. 17 from 10 am to Noon

To pre-register to reserve your Zoom webinar spot: ThurstonMasonShiba.Volunteers@southsoundseniors.org

We cover:

- Medicare A, B, C and D
 - Help you understand your Medicare benefits and options
 - How to avoid becoming a victim of Medicare fraud
- Statewide Health Insurance Benefits Advisors (SHIBA) offers free unbiased and confidential service provided through the Office of The Insurance Commissioner. SHIBA provides a free overview of Medicare. For more information, Call SHIBA at 360-586-6181 ext.134.

Commodity Supplemental Food Program

There is a sign-up for the Commodity Supplemental Food Program – CSFP. This is a program for seniors over the age of 60 who meet federally regulated income guidelines. CSFP participants receive a 40-pound box of food once per month. For questions, or to get your application call **Berenice (Bea) at Thurston County Food Bank** for information: **360-352-8597 x212.**

Foot-Care by Pam Lindgren. Cost for foot care is \$35. To make an appointment call Pam directly at 360-286-8403.

Haircuts by Tammy

We are scheduling appointments for the 2nd and 4th Wednesday of the month. Walk-ins welcome. Cost is \$13. Please arrive with clean hair.

Services for All Seniors Continued

Massage by Jessica Sullivan

Jessica will be here starting at least one Friday a month starting Nov 18th. Appointments can be made with her at 813-956-4138. Her rate is \$1 per minute with a 30 minute minimum. Jessica is board certified in Therapeutic Massage and Body work. Please see the bulletin board for more information.

Learn About Medicare Plans Available in Mason County

Jeff Boothe, a long term corporate sponsor, will be here to help navigate current Medicare options for 2023
Wednesday Nov. 9th at 10 am

A Matter of Balance Classes

A Matter of Balance Classes will start on November 10th. Classes will be held on Thursdays at 1 to 3 pm for an 8 week session excluding Thanksgiving. We have a 12 participant maximum.

Mason County Senior Activities Association "FUN"draisers Open to the Public 21+

Friday Fun Night Veteran's Day

Friday Nov 11th from 6-9 pm at the Pavilion. Dance or listen to music provided by our own team (requests happily taken!) Socialize, eat, drink and be merry! Don't want to dance? Come play cards!

Word is out that Friday Fun Night is the place to be for couples dancing, line dancing and an all around good time. Bring your friends, members or not!

Limited bar (wine, beer and soda) and food (pizza) available. 21+

Donations at the door are greatly appreciated. All proceeds benefit the Senior Center. We can't wait to see you at our next Friday Fun Night.

We'd love to see more volunteers especially in the kitchen. Please leave your name with the receptionist if you are interested.

October Birthday Celebrants

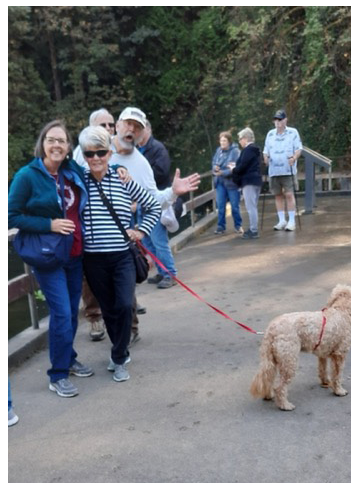


Members, please come celebrate your birthday at the Senior Center on November 18th.

At 11:30 am before the party, current members with a birthday during the month of November are welcome to a complementary lunch. Bring your current membership card and photo ID. (\$3 suggested donation for everyone else.)

At noon we celebrate you. Enjoy a delicious birthday cake and ice cream very generously donated by Walmart.

November has 55 member birthdays.



Final walk of the season. Our walkers trekked all over our county and others. The next season begins in April. If you haven't ever joined them...start! They have a lot of fun and go on great walks.

Classes and Activities for Current Members

All classes subject to change. Please confirm with the receptionists

CLASSES FOR MEMBERS

CLASS NAME	DAY	TIME	COST
<p>Guided Sewing Circle, 1st Thursday of the month; Open Sew, the rest of the month</p> <p>There are also other small projects to be made for sale at the boutique, bazaars or Nifty. You can also bring in projects that you might need help with, for example binding tips and tricks or general sewing projects. If you need very specific help please don't hesitate to call and ask. We have very talented members.</p>	Thursday	9:00AM-12PM	\$1 donation
<p>EZ Crafters</p> <p>The crafters work on a variety of projects, many of which end up for sale in our annual bazaar. The crafters also do all of our table decorations. The laughter from their room can be infectious.</p>	Thursday	9AM-12PM	\$1 donation
<p>Art Workshop</p> <p>Need a place to paint? This workshop offers you a great spot to paint with friends In the MCSAC dining room. Bring your own supplies and work on your project. The artists are a wealth of knowledge in technique and skill from beginner to advanced.</p>	Monday	12:30PM-3:30PM	\$1 donation
<p>Knit and Chat</p> <p>Come sit around the table; knit, chat and share all the projects we are currently working on and UFOs (unfinished objects) we all hide in the closet.</p>	Thursday	10AM-12PM	\$1 donation
<p>Machine Knitting Class</p> <p>Have you ever done machine knitting? Or wanted to try? In the MCSAC Sewing Room. Machines will be available for use during the class. Space is very limited, if you are new please let us know by the Wednesday before so we have enough machines.</p>	Thursday	12PM-3PM	\$1 donation
<p>MCSAC Chorus</p> <p>Come join our Chorus. Led by John Schwennesen, you will learn a variety of songs, old and new, in our relaxed setting.</p>	Friday	12:30PM-1:25PM	\$1 donation
<p>Nifty Thrifty Book Club</p> <p>Bring a book you finished and let's discuss it. Haven't read anything lately? Still come and get recommendations. Our vision for this club is more about the enjoyment of reading, not required reading. We will meet in the carpeted room at the Senior Center.</p>	Last Thursday of the month	1PM-2PM	\$1 donation
<p>Community Clean Up Crew</p> <p>Our crew meets quarterly to pick up trash in Shelton. These volunteers do a great job for our community. December 14, March 8 and June 14, September 13.</p>	Dates as shown	1 pm	

Classes and Activities for Current Members

FITNESS FOR MEMBERS			
DESCRIPTION	DAY	TIME	COST
Tai Chi: At the Center	Monday Tuesday Wednesday Friday Friday	8:15-9:00 AM 11:00-11:45 AM 8:15-9:00 AM 8:15 -9:00 AM 10:45-11:30 AM	\$1 donation
Tai Chi: Zoom	Wednesday Thursday	W 8:15-9:00 AM TH 10-10:45 AM	\$1 donation
Tai Chi Slow Set: At the Center	Friday	1:30 PM - 2:30 PM	\$2 donation
Line Dance: At the Center	Monday Wednesday Friday	9-11:00 AM	\$1 donation
Line Dance: Advanced at the Center	Tuesday Thursday	10 -11:30 AM	\$1 donation
Yoga: Zoom	Tuesday Thursday	8:30-9:15 AM	\$1 donation
Yoga: At the Center	Tuesday Thursday	8:30-9:15AM	\$1 donation
Senior Walkers (April-October)	See you	Next season	

GAMES FOR MEMBERS			
DESCRIPTION	DAY	TIME	COST
Bingo	Thursday	1:00 PM	\$1 for 3 cards
Bridge	Tuesday Thursday	12:30 PM	\$1 donation
Cribbage	Daily	8:15AM	\$1 donation
Hand & Foot Fun card game with roots in Canasta	Wednesday	1 PM	\$1 donation
Jokers Rule! Learn this fun game with cards and marbles	Thursday	9 AM	\$1 donation
Mahjong Come learn American League rules	Thursday	1 PM	\$1 donation
Mexican Train Dominoes	Monday Wednesday Friday	10AM	\$1 donation
Pinochle (Beginning)	Friday	12 PM	\$3 donation
Pinochle (Intermediate/Advanced)	Monday Wednesday	12:30PM	\$3 donation
Scrabble	Friday	10 AM	\$1 donation

2022 November

Every Monday	Every Tuesday	Every Wednesday
8:15 Cribbage 8:15 Gentle Tai Chi 9:00 Line Dance 10:00 Mexican Train 12:00 Lunch 12:30 Pinochle--Intermediate 12:30 Artists Workshop	8:15 Cribbage 8:30 Zoom Yoga 8:30 Yoga* *8:15 3rd Tuesday Yoga 10:00 Line Dance--Advanced 10:00 Senior Walkers 11:00 Tai Chi 12:00 Lunch 12:30 Bridge 1:00 Movie at the Senior Center 5:30 Zumba with Sarah	8:15 Cribbage 8:15 Gentle Tai Chi 8:15 Zoom Tai Chi 9:00 Line Dance 10:00 Mexican Train 12:00 Lunch 12:30 Pinochle--Intermediate 1:00 Hand & Foot
Monday	Tuesday	Wednesday
	1	2
	Spaghetti w/ Meatballs	Baked Chicken
7	8 9:30 Board Meeting	9 9:00 Museum of Glass 10:00 Jeff Boothe - Medicare 1:00 Parkinson's Support Group Haircuts
Chili and Cornbread	Teriyaki Chicken	Baked Chicken
14	15 9:15 General Meeting	16
Salisbury Steak	Baked Fish	Thanksgiving Dinner
21	22 8:00 Newsletter Folding 1-3pm Tree Trimming Party	23
Tamale Pie	Beef Stew	Tuna Casserole
28	29 12:30-1:30 Volunteer Ice Cream Social 1:30 Last Tuesday of the month Movie Time Change	30
Soup and Salad	Chicken Enchilada	Shepherd's Pie

ber Activities

Every Thursday	Every Friday	Every Weekend
<p>8:15 Cribbage 8:30 Zoom Yoga 8:30 Yoga 9:00 E-Z Crafters 9:00 Joker's Rule 9:00 Open Sewing room 10:00 Line Dance--Advanced 10:00 Zoom Tai Chi 10:00 Knit and Chat 12:00 Lunch 12:30 Bridge 1:00 Machine Knitting 1:00 Mahjong 1:00 Thursday Bingo 5:30 Zumba with Sarah</p>	<p>8:15 Cribbage 8:15 Gentle Tai Chi 9:00 Line Dance 10:00 Mexican Train 10:00 Scrabble 10:45 Tai Chi 11:30 Lunch 12:00 Pinochle--Beginning 12:30 Chorus 1:30 Tai Chi Slow Set 1:30 Friday Senior Movie</p>	<p><i>Any major changes to our schedule will be posted on Facebook.</i></p>
Thursday	Friday	Saturday/Sunday
<p>3 9:00 Guided Sewing Circle</p> <p>Beef Pot Pie</p>	<p>4 9:00 LeMay Car Museum Trip</p> <p>Chicken Pot Pie</p>	<p>5/6</p>
<p>10 1:00 A Matter of Balance class starts</p> <p>Meatloaf</p>	<p>11 Closed</p> <p>6-9 Friday Fun Night</p>	<p>12/13</p>
<p>17 1:00 Nifty Thrifty Book Club (meeting in the computer lab)</p> <p>Biscuits and Gravy</p>	<p>18 9:00 Holiday Gift and Food Fair Noon November Birthday Party Massage by Jessica</p> <p>Swedish Meatballs</p>	<p>19/20</p>
<p>24 Closed</p>	<p>25 Closed</p>	<p>26/27</p>
	<p>We wish to thank Sierra Pacific for their donation to our senior nutrition program.</p>	

Center Van Trips

POLICY: Non-Members may go on most Center Van Trips provided they travel with a friend or family relation who is a current MCSAA member and pay the non-member price. Up to 2 guests per member.

Advance payment is required to reserve your place. Costs are per person and include round trip van transportation, admissions, or ticket unless otherwise noted. Most require a minimum of eight people or it may be canceled. (Meals are not included unless listed.) Please note: Within two weeks of travel, there is a minimum \$5 fee for canceling or changing van trip dates. Within 3 business days, costs for van or casino trips are non-refundable and non-transferable. Exceptions may be possible due to illness. **All trips are scent free for consideration of participant allergies.** A few small purchases held on your lap are allowed on trip. Contact our Director Penny with questions or consideration due to illness. **Make your reservations early as all trips have minimum participant numbers to operate and are subject to cancellation if minimums aren't met. Masks and/or proof of vaccination may be required at some locations.** We do accept credit cards at trip sign up. **Drivers and participants will be required to take a COVID test before all trips.**

November Trips



Nov. 4th LeMay Car Museum

Leave MCSAC at 9 am
Cost for members \$45/Non-members \$50
Includes transportation and entrance.
Bring lunch money.



Nov. 9th Glass Museum in Tacoma

Leave MCSAC at 9 am
Cost for Members \$40/Non-members \$45
Includes transportation and entrance.
Bring lunch money
Glass museum Tea & Tour program offers a guided gallery tour, tea and cookies and a craft in our education studio and finishes up in the hot shop with live glassblowing viewing.



Nov 18th Holiday Gift and Food Fair at the Kitsap County Fairgrounds
Leave MCSAC at 9 am
Cost for Member \$25/Non-members \$30
Bring money for shopping and lunch.
This is a walking trip.

December Trips



Dec. 2nd Victorian Country Christmas

Leave MCSAC at 9am
Cost for members \$40/Non-members \$45
Includes transportation and entrance.
Bring shopping and lunch money.
This is a walking trip.



Dec. 8 Zoo-lights at Point Defiance

Leave MCSAC at 3pm
Cost for members \$40/Non-members \$45
Includes transportation and entrance.
Bring money for dinner.
This is a walking trip.

**Proud Sponsor of our 2022
Tuesday In-House Movie**

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<https://www.facebook.com/PavilionSentryPark/>

Code of Conduct Reminder

The purpose of the Code of Conduct is to promote an atmosphere of harmony and understanding at the Mason County Senior Activities Center, assuring participants and staff alike, that the behavior of all in attendance will be guided by a common set of rules for the mutual benefit of all.

MCSAA supports the Activities Center and its events by selling donated items through Nifty Thrifty and the Center's Gift Shop. **Everything** that is donated to MCSAA at either the Railroad Avenue location or the Sentry Drive location should be sent either to Nifty Thrifty for pricing and sale or approved through the Center Staff to be utilized for the Association. Items that are donated to MCSAA should not be taken home by anyone unless they have been purchased through Nifty Thrifty or the Center's Gift Shop.

Please remember: Once an item is brought to MCSAA with the intention of donating it to MCSAA, it becomes the property of the Mason County Senior Activities Association. That item's sale should go either towards the Center's events or the functioning of the Association. We provide free services such as the Abundance Table as well as the Medical Lending Library. Items that are not on the Abundance Table or part of the Medical Library should **NOT** be considered "FREE."

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Susan Ickes
 Notary Public

email: CrownSignandSeal@gmail.com
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Become a Corporate Sponsor

Sponsorship is a great way for businesses throughout the community to support the Mason County Senior Activities Association and thus our Senior Center, Nifty Thrifty & Pavilion. Our sponsors mean so very much to our Senior Center! Businesses can sponsor the many special events that are to benefit the Center’s members throughout the year. We have raffles that businesses can donate gift certificates, merchandise or services to during our monthly member meetings and at special events.

If you are interested in becoming one of our valued sponsors, please contact our Director at director@mcsac.net or 360-426-7374 for more information about the benefits of becoming one of our corporate sponsors.

Darrell McVea
 Community Financial Educator
 360.426.1601 x3184
dmcvea@pcfcu.org

Our corporate sponsors are also featured on the Corporate Sponsor page on our website. <https://www.mcsac.net/corporate-sponsors.html>

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Julie Cook
Attorney at Law

P.O. Box 821 / 613 West Pine St
Phone: 360-427-5616
Shelton, WA 98584
JULIEKAYCOOK@Yahoo.com

Fish Fry *Public Welcome*
Fri. Nov. 18th 4pm-Sold Out
Cost \$13

Fish & Fries, Coleslaw & Drink



At **Union City Lodge #27** F.&A.M.
Across from Lucky Dog Casino
Call Wayne or Pete
360-589-8040 360-229-3164
unioncity27@gmail.com

Edward Jones



Karen Schade
Financial Advisor
1051 SE State Route 3
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Shelton, WA 98584
Bus. 360-426-4590 • Fax 855-231-4317
karen.schade@edwardjones.com
California Insurance License OC24309

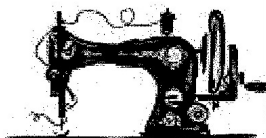
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Jeff Boothe

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jboothe511@yahoo.com

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MKT-5894M-A

Guest Reminder

Guests must show their vaccination card and register on the kiosk as a new user. You may be a guest twice before you are required to join to participate in activities.

November 2022 Mason County Senior Activities Center Lunch Menu

Menu Subject to Change	1 Spaghetti w/Meatballs Green Salad Fruit	2 Baked Chicken Mixed Veggies Fruit	3 Beef Pot Pie Green Salad Fruit	4 Chicken Pot Pie Green Salad Fruit
7 Chili and Cornbread Green Salad Fruit	8 Teriyaki Chicken Steamed Rice Mixed Veggies Fruit	9 Baked Chicken Mashed Potatoes Gravy Mixed Veggies Fruit	10 Meatloaf Mashed Potatoes Gravy Mixed Veggies Fruit	11 Closed
14 Salisbury Steak Mashed Potatoes Gravy Mixed Veggies Fruit	15 Baked Fish Scalloped Potatoes Mixed Veggies Fruit	16 Thanksgiving Dinner	17 Biscuits and Sausage Gravy Mixed Veggies Fruit	18 Swedish Meatballs Mashed Potatoes Gravy Mixed Veggies Fruit
21 Tamale Pie Green Salad Fruit	22 Beef Stew Green Salad Fruit	23 Tuna Casserole Mixed Veggies Fruit	24 Closed	25 Closed
28 Soup and Salad	29 Chicken Enchilada Casserole Mixed Vegetables Fruit	30 Shepherd's Pie Green Salad Fruit	\$4 suggested donation for seniors 50+ \$8 for guests under 50 Mon-Thurs Noon-12:30 and Fri 11:30-noon	



November 2022



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sales Color Orange	Happy start of the holiday season!	Senior & Military Receive 15% off	Artwork 25% off	Furniture 25% off	Lamps 25 % off	Linens 25% off
6 Closed	7 Fall décor 25% off	8 Seniors & Military Receive 15% Off	9 Knick knacks 50%off	10 MCSAA Members Receive 33% Off	11 Veterans and active military 25% off	12 White Tags 25% off
13 Closed	14 Fall décor 50% off	15 Seniors & Military Receive 15% Off	16 Electronics 25% off	17 Jewelry 25% off	18 Dvd and VHS 50% off	19 Managers Choice
20 Closed	21 Orange Tags 75% off	22 Seniors & Military Receive 15% Off	23 Books 50 % off	24 Closed	25 Closed	26 Electronics 25 % off
27 Closed	28 Orange tags 90% off	29 Seniors & Military Receive 15% Off	30 Furniture 25% off	Nifty Thrifty 360-427-0858	My favorite color is FALL!	Pumpkin Spice and everything nice
Closed	Happy Fall Y'all	Make new friends, volunteer!	Thank You for all of your support	We Have a varied donation schedule please Call first.	Nifty Thrifty is the major funding source for the MCSAA	Hours Mon -Sat 9:30-5:00