

Active Living



Monday thru Thursday 8 am to 4 pm, Friday 8 am to 3 pm

Mason County Senior Activities Center

February 2019

Thank you Lois Culik for the donation!

Our friend and long time member Lois Culik passed away last January. Lois was a former MCSAA board member as well as an avid Thursday bingo player. She started bringing popcorn and M&M's for treats to the games and the tradition continues. She loved bingo and visiting with her friends here at the center. Because of her love for the senior center, she requested we be remembered after her passing. We just received a check for \$5,000 for our general fund from her estate. We are so pleased to be remembered by our friend and will forever be grateful to her for this wonderful donation.

Thank you!

A Special Poem by one of our members.

Support Shelton thrift shop
Editor, the Journal

There's a wonderful business in Shelton
that welcomes all who enter.
The money you spend on merchandise there
supports the senior center.
The Nifty Thrift is what they call it.
It's filled with things galore,
like clothes and dishes, books and games
and sometimes even a door.
Pots and pans and furniture, pictures on the walls,
knick-knacks, candles and office supplies and many, many
dolls.
Towels and blankets, coats and shoes you'll find in every size.
Tools and cameras and electric stuff are there for all the guys.
The store is so successful,
because it is run so well.
And we owe it all to the one in charge,
our terrific boss, Michelle.
Hard working and dependable she knows just what needs
done, no matter what the job is, she makes it lots of fun.
So, come support our thrift store
and greet the volunteers.
And keep those donations coming
throughout the coming years.
by Marilyn Olson
Shelton
Reprinted with permission from the
Shelton Mason County Journal

Upcoming Events!!!

Feb. 7 Nordic Museum Trip
Feb. 8 Evolution massage
Feb. 8 Friday Fun Night
Feb. 8 Spirited Art
Feb. 13 Lifeline Screening
Feb. 18 Closed for President's Day
Feb. 20 Red Wind Casino
Feb. 21 NW Flower and Garden Festival
Feb. 22 Bingo Karaoke
Feb. 22 Evolution Massage
Feb. 24 Speakers Bureau
Who was Chief Seattle
Feb. 25 Nutrition Class
Mar. 1 Sewing and Stitchery Expo
Mar. 14 Grant School Trip
Mar. 16 Pinochle Tournament

Center Holidays

2019

January 1	New Year's Day
January 21	MLK Day
February 18	Presidents Day
May 27	Memorial Day
July 4	Independence Day
September 2	Labor Day
November 11	Veterans' Day
November 28-29	Thanksgiving
December 25-26	Christmas

Find the Three Roadrunners

We have three Roadrunners hidden throughout the newsletter. If you find all three, come in and show the receptionist that you have found them and enter a drawing to win a coupon for a free movie or lunch.



Mission Statement

To enhance the quality of life of senior adults in our community through recreation, information, education and nutritional services, including health and wellness programs.

Mason County Senior Activities Association

Annual membership dues are \$30

Activities Center

"50 and Better Activities Center"

Address: 190 W. Sentry Dr., Shelton

Phone: (360) 426-7374

Email: info@mcsac.net Web: www.mcsac.net

FB: [https://www.facebook.com/](https://www.facebook.com/MasonCountySeniorActivitiesAssociation/)

[MasonCountySeniorActivitiesAssociation/](https://www.facebook.com/MasonCountySeniorActivitiesAssociation/)

Staff:

Executive Director: Patricia Vernie

Event, Activities & Volunteer Coordinator:

Val Wedman

Bookkeeper/Data Coordinator: Penny Wilson

Volunteers: Contact Receptionist to help.

Receptionists:

Bob & Susi Edwards

Janna Yorke

MaryAnn Miljanovich

Jan Evans

Janice Rozzano

Patt Matsen

Shirley Varley

Center Hosts:

Doris Fredin

Jill Neil

Irene Moffatt

Harry Fournier

Gift Shop: Patti Kempton

Sunshine: Jill Neil

Van Drivers: Clay Long, Richard Hallek,

Glenn Harper, Trent Palmer, Wayne Souza

Newsletter: Patricia Vernie and Richard Britz

Editorial Committee:

Terry Nelson- Julie Whaley -

Gale Glenn - Val Wedman -

Avis Ross- Richard Britz

Layout: Richard Britz

Photographer: Glenn Harper

Mailing Team: Ern Brown, Gil Palmer,

Distribution Coordinator: Nila LaGualt

Slow down and follow the traffic arrows in our parking lot. The speed limit through Gillis and also in our lot is 10 mph. We have had too many close calls and don't want to see anyone get hurt.

The parking in back is for staff only. You may park briefly for loading.

Inclement Weather

In case of inclement weather, the Center follows the Shelton School District's weather policy. Lunch is still served at 12 noon (11:30 on Fridays) as long as we open by 10:00 am. Please listen to our local radio station, KMAS 1030 AM & 103.3 FM for details.



Nifty Thrifty Store

Your Hometown Thrift Store

Voted Mason County's Favorite Thrift Store

826 W. Railroad Ave., Shelton, WA 98584

(360) 427-0858

E-mail: niftythrifty@hcc.net or

eBay ID: [niftythriftythriftstore/](https://www.ebay.com/str/niftythriftythriftstore/)

FB: <https://www.facebook.com/nifty.thrifty.shelton>

Open Monday-Friday 9:30-5:30, Saturday 10-5

MCSAA

Members receive 20% off regular priced items in store \$5 or more, with some exceptions.

Members: **Remember to show your cardboard 2018 membership card before cashier starts ringing up your order. Your plastic key card is not proof of current membership. Contact the Center if you need another cardboard card.**

Donations Monday – Saturday 10-4:30

Your quality donations are needed!

Call for Free Pickup: 360-427-0858

Store Manager: Michelle Marks

Staff: Linda Trail, Richard Sawyers, Cathy Jones, and Krystal Perez

Dedicated Volunteers:

Adelheid Krohne

Aloma Perez

Arlyn Skarich

Betty Thompson

Beverly Pittman

Bill Keller

Carole Pelela

Charal Cowsert

Doug Kreklow

Ed Seiner

Gary Yuan

Irene Moffatt

Jan Kallinen

Jane Donahue

Karyn Lidington

Keith Jennings

Maxine Neese

Reda Keller

Ruth Coots

Vivian Bentkowski

Axle Wormer

Marilyn Olson

Additional volunteers are always needed.

Call Michelle at 360-427-0858 to volunteer.

This institution is an equal opportunity provider and employer.

Nifty Thrifty is the major funding source of the MCSAA

Nifty Thrifty Certificate

Great news! Each current paid member will receive a \$5 Gift Certificate to Nifty Thrifty. If you've already renewed your membership, just stop by the front desk for your certificate. If you're planning on renewing, you'll receive your certificate at renewal time. One certificate per member, per year.

MASON COUNTY SENIOR ACTIVITIES ASSOCIATION



190 W. Sentry Drive
Shelton, Washington 98584
Phone: 360-426-7374 Fax: 360-426-1955
www.mcsac.net



2019 Membership Application and Agreement

Welcome! We hope you enjoy making new friends and participating in our many activities, classes, trips and volunteer opportunities. MCSAA Members enjoy great benefits including:

- Our excellent Active Living Newsletter every month
- Free birthday Lunch on the second Friday in the month of your Birthday
- Discounted Pricing on most trips and classes
- Exclusive access to some Center Classes, Trips & Functions
- Discount at our Nifty Thrifty Thrift Store
- Your emergency information on file in case it is needed

Annual Dues are \$30 per person. Membership is for those 50 or better, however, spouses of a 50+ member, that are not yet 50, may join as an Associate (non voting) member.

Make checks payable to M.C.S.A.A. (Mason County Senior Activities Association)

Please, PRINT all information CLEARLY

FIRST NAME: _____ MIDDLE _____

LAST NAME _____ NICKNAME _____

DATE OF BIRTH: ____/____/____ ☐ Male ☐ Female PHONE: _____._____._____

CELL _____ - _____ - _____ EMAIL ADDRESS _____ @ _____

MAILING ADDRESS: _____, _____, _____, zip _____

Check One: I prefer to receive my monthly Active Living newsletter by Regular US Mail ☐

Please save the cost of US Mail and email my Active Living newsletter ☐

I want to save MCSAA Postage, I'll see Active Living on their web site ☐

In Case of Emergency (Please fill this optional information out. Our members who have needed us to call for help have been thankful that they did)

Name: _____ Relationship _____

Phone #: _____ Cell _____

Physician _____ Phone #: _____

Ethnicity Circle One **Caucasian** **African American/Black** **Hispanic/Latino** **Asian**
Middle Eastern **Pacific Islander** **Native American/Alaskan** **Other**

*All Information is kept confidential but is useful for reporting anonymous statistics for Grant applications and other funding. Your cooperation is most appreciated.

Hold Harmless Agreement: I freely and knowingly assume the risks inherent in my participation in all activities, including all classes, travel and volunteer duties. I do hereby agree to indemnify, release, and hold Mason County Senior Activities Association, a WA non-profit corporation, doing business as Mason County Senior Activities Center & Nifty Thrifty, it's employees, volunteers, officers, board members and other persons or organizations harmless from and against any and all liability for any injury, loss of property, damages, or death, which may be suffered by me, or my Guests, arising out of, or in any way connected with volunteering or participating in any activities at the Center, Center sponsored activities at other locations, or while traveling with the Center, in the Center's bus or under it's auspices. Specifically, I understand that Mason County Senior Activities Association provides no medical insurance, and that I am responsible for the cost of treatment for any injury to me or my Guests.

Furthermore, I acknowledge that I am being strongly advised to consult a licensed physician prior to my participation in the activities that I have chosen, to determine their suitability and safety given my current medical condition. In addition, I acknowledge that MSCAA is not responsible for reminding me of activities that I have signed up for.

Photos/Video/Audio Release: I am aware that the Center activities are occasionally photographed by Center representatives the media and others, and that still photos, and/or audio and video recordings may be made to help promote the Center's non-profit mission, and fundraising efforts. I hereby give my permission for me to be photographed and recorded while participating in Mason County Senior Activities Association activities.

Thank you for joining... Your membership dues help provide services and programs to the Mason County Community. We are completely self funded by Nifty Thrifty, Pavilion Rentals, Members, Donors & Sponsors.

Signature _____ DATE: ____/____/201____

Last Name, First

Member #

New Member

☐

Renewal

☐

Key Tag X

☐

SCHEDULED

☐

WSP Check Completed

Volunteers are the Heart and Soul**of our Center.**

If you would like to volunteer your talents to our organization, please check those areas where you would like to help below.

Volunteer Questionnaire

Activities of interest or Skills you Possess– Please check all that apply & fill in any blanks that apply

- ☐ Serve on the MCSAA Board
- ☐ Membership (or other) Committee
- ☐ Newsletter Publication
- ☐ Web Page updates
- ☐ Social Media Sites/Updates
- ☐ Teaching Computer Classes: Beg/Inter or Adv
- ☐ Teach _____ Class (fill in your skill)
- ☐ Teach Genealogy Class
- ☐ Teach a Health/Diet/Nutrition Related Class
- ☐ Teach a writing class
- ☐ Teach a _____ exercise class
- ☐ Reception Desk (answering phones, taking money, trips, registering new members)
- ☐ Host (Make Coffee/tea/ maintain treats & utensils)
- ☐ Pavilion Event Chaperone
- ☐ Volunteer to help with Special events
- ☐ Cook/clean/prep for Special Events
- ☐ Decorate/Set up for Special Events
- ☐ Book/Provide entertainment
- ☐ Newsletter & Flyer distribution
- ☐ Newsletter folding, sealing & mailing
- ☐ Bingo Caller/set-up/take down/Karaoke Host
- ☐ Potluck Help
- ☐ Decorate the Center for seasonal cheer
- ☐ Make Crafts to sell or decorate
- ☐ Photography (take pictures at events and of Members)
- ☐ Trip Driver (must have clean driving record)
- ☐ Volunteer to help with Special events
- ☐ Community Ambassadors

I ☐ hereby authorize a background check to be done, required for all volunteers before starting any position.

Signature _____

DATE: ____ / ____ / 201__ PHONE # _____

Print Name: _____ DOB: ____ / ____ / ____

Any other names used? _____

Volunteer to help with Special events

Facility Management

- ☐ a. Electrical
- ☐ b. Plumbing
- ☐ c. Carpentry
- ☐ d. Handyman/Repairs
- ☐ e. Painting
- ☐ f. Janitorial
- ☐ g. Garden/Grounds

Clerical/Secretarial

- ☐ a. Data Entry
- ☐ b. Letter Writing
- ☐ c. Posters & Forms
- ☐ d. Emails
- ☐ f. Excel/Word/Publisher
- ☐ g. Transcribe Minutes/ Take Dictation

Miscellaneous

- ☐ a. Legal
- ☐ b. Grant Writing
- ☐ c. Fundraising
- ☐ d. Budgets/Bookkeeping
- ☐ e. Event Planning & Organization
- ☐ f. Finance & Accounting

Your Ideas: _____

Last Name, First _____

Member # _____

New Member ☐Renewal ☐Key Tag X ☐

Meetings

MCSAA Board Meeting
Tuesday, Feb. 12 at 9:30 am
Monday Feb. 25 at 9:30 am
Conference Room

The MCSAA Board meets the second Tuesday and 4th Monday of each month at 9:30 am. If a member desires to bring something before the board, he or she should make the request in writing and give the request directly to MCSAA Board President Clay Long or Executive Director Patricia Vernie 24 hours in advance so the member can be added to the agenda. Please include your name, member number and phone number so Clay can contact you if there are any questions.

Thanks to MCSAA 2019 Board

President: Clay Long
Vice President: Gary Miner
Secretary: Terry Nelson
Treasurer: Bobbye Lewis Simons
Richard Barnes - Glenn Harper -
William Bezanson

MCSAA Member General Meeting Tuesday, Feb. 19, at 10:45 am Dining Room

The General Membership meeting for MCSAA is on the third Tuesday of each month at 10:45 am. All members in good standing (membership paid for 2019) are invited to the General Meeting. You will hear updates on Center, Nifty Thrifty and Pavilion activities, and Center renovation updates. We encourage you to attend and learn more about how we operate.

Receptionist Meeting

We will have a Receptionist meeting the last Wednesday of the month at 1:00 pm in the conference room. This is a monthly meeting for our up front receptionists with ongoing training and communication.

Commodity Supplemental Food Program

There is a sign up for the Commodity Supplemental Food Program – CSFP. This is a program for seniors over the age of sixty who meet federally regulated income guidelines. CSFP participants receive a 40-pound box of food once per month. For questions, or to get your application see **Debra in the kitchen**. Pick up your box on the second Monday day of the month after 1:30pm.

Renewal Time

It is that time of year to pay your dues for the majority of our members. Send in Page 3 with your payment or come see our receptionist

If you are not getting your newsletter by email, look for something from Director@MCSAC.net or check your junk mail.

By the way, if you pay for your membership today, it's due again in 1 year from the date you renew.

Center Wish List

We would greatly appreciate:

- .. Regular Coffee
- .. Decaf Coffee
- .. Small Paper Plates
- .. 12 Oz. Paper Coffee cups
- Tea bags

Nifty Thrifty needs:

- .. Clear Packing Tape
- .. 1" Masking Tape
- .. Large Padded Envelopes



New to Medicare Free Presentation Feb. 28, 11 am-11:45 am. Meeting Room

SHIBA provides a free overview of Medicare. Statewide Health Insurance Benefits Advisors (SHIBA) is a free unbiased and confidential service provided through the Office of the Insurance Commissioner. Please sign-up in advance. Call SHIBA at 1-800-562-6900 or 360-586-6181 ext.134 for an appointment.

Free Individual Medicare Consultations Feb. 28 at 12:00 pm. To 3:00 pm Conference Room

SHIBA provides individual consultations by advance reservation. Call SHIBA at 360-586-6181 ext.134.

2019 Membership Bonuses

Nifty Thrifty Discount

In store, receive 20% off regular priced items of \$5 or more with some exceptions. Your 2019 membership paper card must be shown before the cashier starts to ring up your order.

Free Bingo Karaoke Birthday Packet

Receive one free Bingo Karaoke packet at the door on your birthday month good for 8 regular Bingo games. (A \$10 value) Non-transferable. Photo ID and 2019 cardboard membership card required at check-in.



Senior Services for South Sound &
Meals on Wheels
Congregate (group) meals are available at the
Senior Services for South Sound

At the Pavilion
190 W Sentry Drive, Shelton, WA 98584
(360) 426-3697

Monday - Thursday @ 12 noon
Friday @ 11:30 am

Home Delivered Meals

Services are available which provide nutritious meals
to older and disabled adults who are homebound and meet
assessment criteria.

Senior Services for South Sound Olympia

Food Service Manager-Debra del Bosque
Food Service Asst. Manager-Justin Mitchell

Serving Mason County Residents
(360) 586-6181 Ext 124

Driver's Wanted

Meals on Wheels is seeking
compassionate volunteers with
the desire to serve others in
need and donate a few hours
every two weeks as meal delivery drivers. Must have

- * Valid Washington Drivers License,
- * Auto insurance
- * Background check.

Mileage reimbursement is available.



Memory Cafe

4th Thursdays, 2:30 to 4:30 pm, Roosters.

You are welcome to join us for lively conversation,
refreshments and music at Memory Cafe. All with
dementia or Alzheimer's and their loved ones
are welcome to attend and connect with peers in
a relaxed, unstructured environment. No RSVP
necessary.

STARS Adult Day Program

**Mon. & Wed, 9:00 am to 2:00 pm. Faith
Lutheran Church, 1212 Connections St., Shelton.**

STARS Adult Day Program offers respite to
caregivers while ensuring their loved one is in a safe,
fun and nurturing community.

Benefits of Attending Stars

- * Opportunities to Socialize with peers
 - * Expanded support network
 - * Increases self-esteem-- combats apathy
 - * Increases cognitive stimulation
 - * Enhanced life experience through humor,
Reminiscing, and creative expression
 - * Caregiver respite
 - * Nutritious snacks and lunch provided
 - * Possible delay or prevention of placement in a
long term care facility
- For more information about any of these programs,
please contact Paul Taylor, STARS Director, at 360-
407-3967, ext. 107.

Services for All Seniors at MCSAC

Current MCSAA Membership is NOT required for the following Services.

Senior Nutrition Lunches Monday through Thursday, 12 Noon Friday, 11:30

The nutritious full course meals are prepared by Senior
Services for South Sound's Senior Nutrition Program
in partnership with the Lewis-Mason-Thurston Area
Agency on Aging. Although not required, suggested
donation is \$3 for seniors 60 years and older based on
your ability to pay. Those under 60 are required to pay
\$7.55.

Eye Glass Adjustments and Cleaning — Every
second Wednesday, 11:00 am to 12:00 Noon. Free
service provided by Walmart Vision Center.

Foot care — with Michelle Gamber - (by
appointment only) Cost \$19. 1st & 3rd Wed., 2nd
& 4th Tue., & 4th Thurs & Fri. From 8 am to 3 pm,
Cost: \$19.

Blood pressure check — 10:30 to 11:00 am.
Provided free by Shelton Health and Rehabilitation
on the second & fourth Thursdays.

Area Agency on Aging — 3rd Wed., 11:30 to 12
noon, Laura & Todd will be available to answer
questions and provide assistance.

Free Medical Supplies Lending Library —
Borrow walkers, toilet seat boosters, wheel chairs,
etc., from our lending library. Limited supplies
fluctuate.

Abundance Table — We continue to offer milk, bread
and other items, as available, on our table.
This makes it easier for many of our members who
aren't as mobile as the rest of us.

Priority Footwear- The 4th Monday of every month.
Provides easy access to comfortable, custom fit,
therapeutic footwear for the diabetic community.

Massage- with Mysty Knight every other Friday by
appointment only. Lic MA#60388705.

Happy Birthday!

Happy Birthday to All!

Did you know that we have 80 members who are having birthdays in the month of February? Wow, who could have imagined that! As of last month we stopped listing all of our monthly birthday folks by name to ensure we're doing our part to help everyone maintain their privacy and protect their identity. It was always fun to note who was having a birthday or maybe even better for you to have someone wish you Happy Birthday. The world we live in today is different and a little treacherous so we have to adapt to it to make sure we keep each other safe.



As always for those of our members who are having birthdays this month, we wish you the very best birthday and would love to see at our regular birthday celebration on the 2nd Friday of the month. You are entitled to a free lunch and Sue Puls provides a beautifully decorated cake to enjoy, just bring your current membership card and photo ID. Lunch will be regular price for all others enjoying our lunch that day.



Some of our January birthday partiers.
Happy Birthday !



Ruth Coots

Ruth Coots has been a volunteer at Nifty Thrifty for about 6 months, *this time*. She is a familiar face around the center as well as at Nifty Thrifty. She is a former board member and volunteered at Nifty Thrifty for years in the linen department.

Ruth is busy these days cleaning, washing, sorting and stocking shelves. We request that donations are clean and ready to sell, but there always are donations that are dusty and dirty. The work she does goes a long way in making the store look nice. With so much to clean and sort at Nifty Thrifty, she's always busy.

Make sure to tell her
Thank You!



Activities Open to the Public

Friday Fun Night

Friday, February 8 - 6-9 pm at the Pavilion. Join us for line dancing or just dancing with our very own DJ, Glenn. Food, wine and beer for purchase. Bring your friends and come ready to have fun. 21+ **Donations are greatly appreciated.**

Spirited Art

Friday February 8 - 5-8 pm. Enjoy the fun of creating a piece of art while sipping a glass of wine and snacking on some cheese, fruit and crackers. What a great way to start off the weekend!

\$15.00 members, \$20.00 non-members Must be 21+

Bingo Karaoke

Theme: Hollywood Dress-up

Friday February 22nd. Come ready to have fun! Doors open at 6pm with food and drink available for purchase and bingo begins at 7. \$10 and no one under 21 admitted.

Paper Crafting 101

Tuesdays Feb. 12 and 26 from 10: to 12:00.
Learn more about paper than you thought was possible!

Nutrition Class Feb. 25

Heart Disease, Obesity, Cancer, Diabetes, Alzheimer's, Autoimmune Disease

Are you facing any of these?

We will offer informational videos and discussions. Our goal is to help you make informed decisions about lifestyle choices.

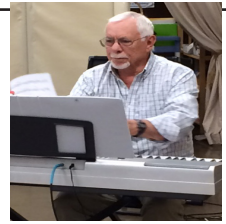
Classes will be from 10:00am to 11:30am.

AARP Tax Service

9:45-3:00 - Make an appointment with the receptionist. Appointments will be available every Wednesday in February, March and through April 10. Make an

For Your Musical Enjoyment

11:00 am to 12:30 pm.
Feb. 8 - Richard Shatto



Betty Palmer is delightful on the keys! Come in and hear her play most mornings!

John Schwennesen
Feb. 1 & Feb. 15 from 11am to 12:30pm



Pinochle Tournament

March 16 doors open at 11:30 and play starts at 1:00. Cost is \$15.00 at the door. Reservations appreciated but not required. For more information contact Ed Geiszler at 360-427-3510

Bulletin Board

Please, if you want something posted on our bulletin board you **NEED** to give it to Val, our Activities Coordinator.

Volunteers Wanted

Do you have some time to invest in MCSAA?

As you know, volunteers are what makes our world go round here at the Senior Center. And we have some gaps that we're asking you to fill.

Table Decorations. We need someone to take over making and storing table decorations. We have no room here to store these items.

Gardeners. Our garden is starting to look a bit shaggy and needs some TLC. Do you have the time and inclination to help with that?

Volunteering is the best way to meet new friends and help the Senior Center at the same time. We would love to have you join our friendly group. Hours are from as little as 1 hour per week to 20+, you let us know what your availability is. Stop by the reception office and fill out a volunteer form today!



Every Tuesday & Wednesday from 5:30-6:30 pm

MCSAC is hosting this class

Admission \$5

Reduced costs for Silver Sneakers
Chair options OK

Center Van Trips

POLICY: Non-Members may go on most Center Van Trips provided they travel with a friend or family relation who is a current MCSAC member and pay the non-member price. Up to 2 guests per member.

Advance payment is required to reserve your place. Costs are per person and include round trip van transportation, admissions, or ticket unless otherwise noted. Most require a minimum of 8 people. (Meals are not included unless listed.) Please note: Within two weeks of travel, there is a minimum \$5 fee for canceling or changing van trip dates. Within 3 business days, costs for van or casino trips are non-refundable and non-transferable. Exceptions may be possible due to illness. All trips are scent free for consideration of participant allergies. A few small purchases held on your lap are allowed on trip. Contact Patti Vernie with questions or consideration due to illness. **Make your reservations early as all trips have minimum participant numbers to operate and are subject to cancellation if minimums aren't met.**

Center Van Trips

Sign up at least 14 days in advance and payment is due at the time of sign up. These trips need a minimum of eight attendees to keep trip from being canceled.

Thur. Feb. 7 Nordic Museum Trip leaves MCSAC at 10:30
\$25.00 Members, \$30.00 Non-members
Lunch extra at Old Country Buffet in Tacoma.



Thur. Feb. 21 Northwest Flower and Garden Show leaves MCSAC at 9:00am.
Sign up deadline is Feb. 15.
\$43.00 members, \$48.00 non-members



Sun. Feb. 24 Harstine Island Community Club presents Humanities Washington. Who Was Chief Seattle?
Leaves MCSAC at 12:45
\$10 for members and \$15 for non-members



Future Center Van Trips

Fri. March 1, 2019 Sewing and Stitchery Expo Trip leaves at 9:00am from MCSAC
Cost is \$30 for members and \$35 for non-members which includes transportation and admission.

Thur. March 14 Grant School Trip and Lunch leaves MCSAC at 10:30 am. Lunch extra at Spencer Lake Bar and Grill. \$10.00 members \$15.00 non-members

Sun. March 31 Harstine Island community club presents "Humanities Washington: Civil conversation in an Angry Age" Leaves MCSAC at 12:45. \$10 for members, \$15 for non-members

Important Reminder!!!

New

Mark your calendars, starting in 2019 the Red Wind Casino Shuttle will be the third (3rd) Wednesday, every other month. All casino shuttles need 15 passengers starting this year!

Casino Shuttle Trips

2nd & 3rd Wednesdays

For adults 21 years and older.

MCSAA Membership is not required.

Cost: \$5 per person-needs 15 passengers

Red Wind Casino Shuttle Trip

3rd Wednesday, Feb. 20

9:00 am to 4:00 pm

Lucky Eagle Casino Shuttle Trip

2nd Wednesday, Mar. 13

9:00 am to 4:00 pm

Classes and Activities for Members

Payments for all classes are to MCSAA and go through the Center reception desk.

Joy of Painting Landscape Class

3rd Wed. Of the month
9:00 am to 3:30 pm.
Join Certified Instructor
Tony Lirette for his
Joy of Painting class
where you complete a
beautiful 16"x 20" oil
painting each class
using the Bob Ross
method.

Cost: \$52. (\$7 to
register; \$45 before
the first day of class.)

All materials are provided. **Minimum** class size of
4 people, so please register early or class could be
canceled.



Monday Art Workshop

Mondays, 1:00 to 3:00 pm, Dining Room.

Bring your own supplies. A short art lesson begins
at 1:00 pm, so be here early to get set up. Then you
have a chance to work on a project. Skill level is
beginner to advanced. \$2 donation.

Fitness Classes

**\$1 donation per class is requested except where
noted.**

Open Dance with Al, Don & Doris Tues 1:30pm

Tai Chi: M, W, F; 8:00 to 8:45 am & 8:45 to 9:15 am,
T & Th. 12:45 pm,

Gentle Yoga: T and Th. 8:00 to 8:50 am.

Line Dance: Beginners: M & W, 9:00 – 10:00 am;
Int./Adv.: M & W 10:00 – 11:00 am; Int./Adv., T & Th
9:00 – 10:30 am; all skills Fri. 9:00 – 11:00 am.

Zumba: Tue & W. 5:30pm to 6:30 pm \$5

Weight Watchers: Tue. 11:45, on-line membership or
weekly fee applies.

Senior Walkers: See you next April!!

During the winter we will be scouting out walks for
the spring. To be notified of these walks email Gale
Glenn at galeglenn@msn.com.

Something for
EVERYONE!

Friendly Reminder

**Friday movies are for members
only. No exceptions.**

MCSAA at Shelton Cinema

Members Only

**Fridays, usually at 1:00 pm, but times may vary.
Call the Center.**

Enjoy an afternoon of fun seeing first run movies.
Current MCSAA membership is required. Prices:
\$3.50 per person with advance payment before 11:45
am at the reception desk and \$4.00 after noon at the
theater.

Bingo Thurs. 1-3 pm. \$1.00 for three cards

Bingo with Shelton Health & Rehab 4th Tuesday
at 1-3 pm

Bridge Tuesdays and Thursdays 12:00 pm
(Please sign up at least one day prior.)

Cribbage Monday-Friday, 10:00 am

EZ Crafters Thursday, 9:00 am to noon

Hand & Foot Wed., 1:00 pm. Fun card game

Jokers Rule! Thursday, 9:00 am to noon. Learn this
fun, free game with cards & marbles.

Knitting & Crochet Circle (Chix with Stix) Every
Tuesday 1:00 pm

Mahjong Thursday, 1:00 pm Come learn.

Mexican Train Dominoes M,W,F 9:00 am

Pinochle Mon. & Wed. (Int., Adv) 12:30pm;
Fri (beginners/all) 12:30 pm.

Please arrive early to get a seat! (\$2)

Puzzles Mon. through Fri. during Center hours on
the white table in the dining room.

Sewing Circle Tue. & Fri., 9:00 am to 4:00 pm

Guests

There have been questions about how many
times a guest may attend activities at the center. The
answer is two. The third time they come in, they
need to become a paid member. Please don't harass
guests if you think they have visited too often. Let
one of the staff know and we will address it with
them.

Paper Crafting 101 returns

by Dorothy Skans

Paper Crafting 101 classes will return on February 12 and 26 from 10 am to noon. Classes will continue each month on the second and fourth Tuesdays. I started these classes at the beginning of last year but had to take medical leave. I'm ready to get back into the groove if you're ready to take me back. The classes are designed to incorporate a lot of different types of paper arts (in other words, each class will cover something new) just because I find it's more fun than doing the same things over and over again. Some classes will cover art forms you've probably heard about before—like origami, card making, book binding, papermaking, collage, decoupage, scrapbooking, bead making, snowflakes, ornaments. Other classes will get into forms you may or may not have heard about—such as mixed media, kirigami, tea bag folding, iris folding, artist trading cards, postcard mail art, glue books, junk journals, rolled paper art, altered books, postage stamp art, gelli printing. The classes are offered at no charge. Whatever the art topic, I will provide the materials to start, and hopefully complete, a project during the class. In rare cases, there may be a small materials fee. Once you've dabbled in the various art forms, you may discover your passion or you may be like me wanting to try a little bit of everything.

I'm looking forward to sharing my passion for paper art, teaching, and my incredibly huge hoard of supplies. Looking forward to seeing previous and new students in February!



Congratulations to **Heather Luck**, the winner of the dollhouse. We sold \$500.00 worth of tickets. Thank you **Connie Matheson** for this wonderful donation. This is the fourth dollhouse she has donated to us to be raffled off. She not only builds the dollhouses but also creates the furniture and accessories. Her attention to detail is amazing. Thank you **Connie**!

Moonlit Garden Quilt Raffle

Donated to MCSAC by Betty Thompson

Shades of lavender and mauve with blue and pink flowers. The quilt was machine pieced and hand appliqued by Hazel Marcus. She also did the long arm quilting and finishing. The quilt is 50 in. by 52 in. and would be beautiful on your wall! Tickets are \$1.00 and will be on sale from Jan. 16 until July 16. Good luck!



We drew for the Pinwheel Quilt on January 15th, and the winner is....**Priscilla Rose**. You can see by her smile she is beyond happy. Congratulations Priscilla!

New class yet to be scheduled.

Betty Thompson is willing to teach a beginners' sewing class once a month. The class will teach you the basics of a simple nine patch quilt. If you've always wanted to learn to quilt, don't miss this opportunity. Betty is our resident expert and you couldn't be in better hands. Class information along with cost and supply list to follow. Please contact Patti Vernie in the director's office to get your name on the class list.



Your Attention Please

We are considering a few changes and would like member's input before they take place.

Moving the card tables to the back of the dining room and moving all other tables and Bingo equipment towards the dance floor. This will help the card players by eliminating interference of other activities that are taking place in the center.

We are looking for ideas to create a user friendly and more relaxed conversation areas around the Center.

Boutique Sale

10% off everything in the Boutique on Tuesdays except Jelly rolls.

We have a great assortment of handmade items from our crafters and sewing group. the items range from hand knitted hats to baby blankets.

We are located in the receptionist office and in the front hall.

Let's Talk shop.....



We have three items that we are surplussing

1. The 2 beams over the dining area.-\$100 minimum

2. The Pool Table - \$50 minimum

3. The blue sofa set near the bar - \$25 minimum

All items are located at the senior center call first to view the items.

All items must be removed by the winning bidder of each item. Arrangements must be made with the Executive Director or Board President for removal of these items.

We are accepting sealed bids for the above items through 3:00 PM March 1, 2019. Bids will be opened at the board meeting on March 12, 2019 and winning bidders will be notified that afternoon. Bids must include bid offer, name, address and phone number. We reserve the right to reject bids that don't meet our minimum.

Bids may be mailed to:

MCSAA
190 West Sentry Drive
Shelton, WA 98584

Or:

Dropped off at the receptionist desk at the MCSAA

On Our Wish List

We need two tall-large nice storage cabinets with doors that we will be able to store games in.

4 - 32" flat screen TV's and wall mounts to be used for Bingo number display in the dining room. These are getting inexpensive at the big box stores.

3 video cards and 3 large monitors for PC's

Celebrate Valentine's Day the right way. Shop the book sale at Nifty Thrifty. We are overstocked and books will be on sale for **60% off** from February 13th through February 16th.



Educational Seminar Early Stage Memory Loss

Friday, March 15th 2019 from noon to 3:00 PM at the Mason County senior Activities Center.

This educational seminar provides education for individuals experiencing memory loss and/or their loved ones.

At the seminar, you will learn about:

- Basics of dementia
 - Planning for the future
 - Strategies for coping and communication
- Community Resources and upcoming events

There's no cost to attend!

Pre-registration is required. Contact Kenna Little 206-529-3868 kelittle@alz.org

Please make a gift to MCSAA

To make your tax deductible donation to help support MCSAA, call or come into the Senior Center

If you choose to name us in your will or other estate plan, we should be named as:

Mason County Senior Activities Association.

We will furnish our tax identification number as requested.

Any communication with you about your planned donation is strictly confidential and without obligation to you. For more information please call 360-426-7374 or email Director@mcsac.net

Thank you in advance for your generosity.



Having fun in the Joy of Painting class January 16. Concentrating on that brushstroke!



Budding artists in the Joy of Painting class.



Dancing the night away at Friday Fun Night



The line dancers were out in force at Friday Fun Night



The line dancers had almost 30 people in this class. What a great way to meet new friends, have fun and stay healthy!



Our walking club at Fudge Point on Harstine Island. They're gearing up for all the fun walks coming this year!

Become a Corporate Sponsor

Sponsorship is a great way for businesses throughout the community to support the Mason County Senior Activities Association and thus our Senior Center, Nifty Thrifty & Pavilion. Our Sponsors mean so very much to our Senior Center! Businesses can sponsor the many special events that are to benefit the Center's Members throughout the year. We have raffles that businesses can donate gift certificates, merchandise, or services to during our Bingo Karaoke Party on the last Friday of the month.

Sponsors donate in many special ways including:

- Providing activities for our Members (Like Bingo, Potlucks, Music)
- Bringing in meals and treats for our Seniors
- Buying ad space in our monthly newsletter and more!
- Each month the Center mails over 800 newsletters to its members and distributes another 400+ in the community. Advertising space is available to purchase in our newsletter which also gives businesses the unique opportunity to give an informational presentation to our members during the year and to display business cards and/or brochures on our Sponsor Table.
- The balance of funds for ads that are canceled before the agreed upon time frame by sponsors will be considered a donation to the Senior Center.

If you are interested in becoming one of our valued Sponsors, please contact our Association Director at info@mcsac.net or 360-426-7374 for more information about the benefits of becoming one of our Corporate Sponsors.

Please support our Corporate Sponsors who support us.



360-426-2600

www.AlpineWayLiving.com

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360-427-1290

Buy 12 drinks get the 13th drink free. excludes energy drinks



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homemeatservice@gmail.com



Karen L Schade
Financial Advisor

1051 SE State Route 3 Suite E
Shelton, WA 98584
360-426-4590

Edward Jones
MAKING SENSE OF INVESTING

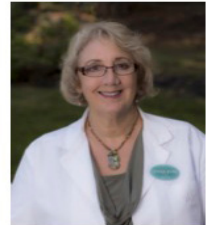


Miracle Ear

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Shelton, WA 98584
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Leonab@Miracle-earnw.com

- Free Hearing Screenings
- L and I claims accepted
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- Open Monday through Friday



Leona has been helping Mason County hear better since 1998.
Call for an appointment today

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Designated Broker
jborgert@att.net
360-490-6654

31 Mill Creek Rd SE
Shelton, WA 98584
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Have Medicare questions?
I have answers.

Jeff Boothe 360-490-5771

Licensed Sales Representative **UnitedHealthcare**
Medicare Supplement Plans
UHCMedicareSolutions.com

We offer large size ad spaces with reasonable payment plan options. Call 360-426-7374 and ask for Patti for more information.

This newsletter reaches more than 1,500 seniors throughout Mason County.

Spaghetti w/trimmings!

Fri. Feb. 8th 4-7 pm

Cost \$8 at door

Dessert auction to follow

*public
Welcome*



At **Union City Lodge #27 F&A.M.**

Across from Lucky Dog Casino

Questions: 360-280-9925

unioncity27@gmail.com

Please support our **Corporate Sponsors** who support us.

The Pavilion

Shelton's historic Venue for your events.
Specializing in weddings, reunions, meetings,
business conferences, and parties.

Event Coordinator: Val Wedman
360-426-7374 ~ pavilion@mcsac.net
190 W. Sentry Drive
Shelton, WA 98548

Probates-Wills-Powers of Attorneys-
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Julie Cook
Attorney at Law

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Shelton, WA 98584 JULIEKAYCOOK@Yahoo.com

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360.490.8825



The Below ad is not associated with the Mason
County Senior Center

MasonCountySeniors.com

Using the internet to connect seniors to
services, information and each other.

Cut your cable bill

Buy and sell

Connect with friends and family

Connect with area senior services providers

Call Glenn Harper at 360-214-0345

Do you know someone who should
be advertising here?

Have them contact:

Patti @ (360) 426-7374

For all the details.



Sales – Service – Installations

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olympicstoveandspa.com 360-427-3780

Assistance Dog Laws

Assistance Dogs in Public and in the
community



- As a business owner, employee, or other member of the community, there are some important things you should be aware of regarding Assistance Dogs who have public access rights, as well as your rights as a business.
- Assistance dogs include Guide Dogs who are trained to help people who are visually impaired, Hearing Dogs who alert people who are deaf or hard of hearing, and Service Dogs who are trained to help people with mobility and other physical disabilities. Service Dogs include Seizure Dogs and Autism Assistance Dogs.
- “Therapy Dogs” and “Emotional Support Dogs” are NOT Assistance Dogs. They do not perform a physical skill.
- Along with public access rights, the person and his/her dog have the following responsibilities:
 - * The dog must be well groomed, well behaved and under control.
 - * The dog must be on a leash.
 - * The dog must be able to lie quietly beside the handler without blocking aisles or doorways
 - * The dog may NOT ride in a shopping cart or sit in a person's lap while at a restaurant.
- State House Bill 2822 passed and changed many RCW's regarding service animals and Washington state will be imposing fines for misrepresentation of a service dog starting January 1, 2019.

Are You Cleaning and De-cluttering

Think of donating to Nifty Thrifty. We need your donations. The store accepts household items, jewelry, clothing, collectibles, furniture, books, crafts and fabric just to name a few items. Nifty Thrifty is the major funding source of the Senior Center and your donations of gently used and new items are tax deductible. Please call Michelle Marks at (360) 427-0858 for more information.

Aetna® Medicare plans are now available in your area

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\$0
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Aetna Medicare is a PDP, HMO, PPO plan with a Medicare contract. Enrollment in our plans depends on contract renewal. See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

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Code of Conduct Reminder!

The purpose of the Code of Conduct is to promote an atmosphere of harmony & understanding at the Mason County Senior Activities Center, assuring participants and staff alike, that the behavior of all in attendance will be guided by a common set of rules for the mutual benefit of all.

MCSAA supports the Activities Center and its Events by selling donated items through Nifty Thrifty & the Center's Gift Shop. **Everything** that is donated to MCSAA at either the Railroad Ave. location or the Sentry Dr. location should be sent either to Nifty Thrifty for pricing and sale or approved through the Staff to be utilized for the Association. Items that are donated to MCSAA should not be taken home by anyone unless they have been purchased through Nifty Thrifty or the Center's Gift Shop.

Please remember: Once an item is brought to MCSAA with the intention of donating it to MCSAA, it becomes the property of the Mason County Senior Activities Association. That item's sale should go either towards the Center's events or the functioning of the Association. We provide free services such as the Abundance Table as well as the Medical Lending Library. Items that are not on the Abundance Table or part of the Medical Library should **NOT** be considered "FREE".

February 2019 Activities

Every Monday	Every Tuesday	Every Wednesday	Every Thursday	Every Friday	Every Week-end
<p>8 & 8:45 Gentle Tai Chi</p> <p>9-10 Begin Line Dance</p> <p>9:00 Mexican Train Dominoes</p> <p>10:00 Cribbage</p> <p>10-11 Int./Adv. Line Dance</p> <p>12:30 Pinochle (Int, Adv)</p> <p>1:00 Art Workshop</p>	<p>8:00 Gentle Yoga</p> <p>9:00 Line Dance-Int./Adv.</p> <p>9-4 Sewing Circle</p> <p>10:00 Cribbage</p> <p>12:00 Bridge</p> <p>12:45 Gentle Tai Chi</p> <p>1:00 Chix with Stix</p> <p>1:30 Open Dance</p> <p>5:30-6:30 PM Zumba Gold</p>	<p>8 & 8:45 Gentle Tai Chi</p> <p>9-10 Beginning Line Dance</p> <p>9:00 Mexican Train Dominoes</p> <p>10:00 Cribbage</p> <p>10:00 Int./Adv. Line Dance</p> <p>12:30 Pinochle (Int, Adv)</p> <p>1:00 Hand & Foot Cards</p> <p>5:30-6:30 PM Zumba Gold</p>	<p>8:00 Gentle Yoga</p> <p>9:00 Line Dance - Int./Adv.</p> <p>9:00 EZ Crafters</p> <p>9:00 Jokers Rule!</p> <p>10:00 Cribbage</p> <p>12:00 Bridge</p> <p>12:45 Gentle Tai Chi</p> <p>1:00 Bingo</p> <p>1:00 Mahjong</p>	<p>8 & 8:45 Gentle Tai Chi</p> <p>9:00 Mexican Train Dominoes</p> <p>9:00 Open Line Dance</p> <p>9-4 Sewing Circle</p> <p>10:00 Cribbage</p> <p>12:00 Pinochle (begin./all)</p> <p>1:00 MCSAA Goes to the Movies</p>	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
				<p>10:30 Flight Museum</p> <p>1:00 Shelton Cinema Members Only</p> <p>11:30 Music by John Schwennesen</p> <p>11:30 Turkey Meatball Sub Sandwich</p>	2/3
<p>10-12:00 Ceramics w/ Verena</p> <p>1:00 Art Workshop</p> <p>12:00 Ham Melt Sandwich</p>	<p>9:30 Board Meeting</p> <p>Foot care by Appt</p> <p>1:30 Open Dance</p> <p>12:00 Meatloaf</p>	<p>AARP Tax Service</p> <p>11:00 Free eye glass adjust</p> <p>12:00 Hawaiian Chicken</p>	<p>10:30 Nordic Museum Trip</p> <p>10:30 Blood Pressure Check</p> <p>12:00 Tuna Cakes</p>	<p>9:30 Committee Leaders</p> <p>10-2:30 Evolution Massage</p> <p>10:30 Newsletter meeting</p> <p>11:30 Music by Richard Shatto</p> <p>12:00 Jan. Birthday Cake</p> <p>1:00 Cinemas Members Only</p> <p>5:00 Spirited Art</p> <p>6:00 Friday Fun Night</p> <p>11:30 Pasta with Sausage</p>	9/10
<p>1:00 Art Workshop</p> <p>12:00 Chili w/Beef & Beans</p>	<p>10:00 Paper Crafting</p> <p>10:45 General Meeting</p> <p>1:30 Open Dance</p> <p>12:00 Chicken A La King</p>	<p>AARP Tax Service</p> <p>10:00 Lifeline Screening</p> <p>10:30 Newsletter Proofing</p> <p>Foot Care by Appt</p> <p>11:30 AAA Q&A</p> <p>12:00 Pork Roast</p>	<p>Foot care by Appt</p> <p>11:30 - 1:00</p> <p>Music by Dan Washburn</p> <p>12:00 Country Fried Steak</p>	<p>11:30 Music by John Schwennesen</p> <p>1:00 Shelton Cinemas Members Only</p> <p>11:30 Battered Fish Filet</p>	16/17 Pinochle Tournament
<p>Closed</p> <p>Presidents Day</p>	<p>12:00 Spaghetti with meat sauce</p>	<p>AARP Tax Service</p> <p>9:00 Red Wind Casino</p> <p>9:00 Joy of Painting</p> <p>10:00 Ceramics</p> <p>1:00 Receptionist Meeting</p> <p>12:00 Baked Chicken</p>	<p>Foot care by Appt</p> <p>NW Flower Festival</p> <p>10:30 Blood Pressure Check</p> <p>11:00 Medicare Class</p> <p>12:00 Tamale Pie</p>	<p>10:00-2:30 Evolution Massage by Appt.</p> <p>Foot care by Appt</p> <p>1:00 Cinema Members Only</p> <p>Bingo Karaoke</p> <p>11:30 Tater Tot Casserole</p>	23/24 12:45 Speakers Bureau at Harstine Island "Who was Chief Seattle"
<p>8:00 Priority Footwear</p> <p>10:00 Nutrition class</p> <p>12:00 Egg & Sausage Bake</p>	<p>Foot care by Appt</p> <p>10:00 Paper Crafting</p> <p>1:00 Bingo w/Alpine Way</p> <p>12:00 Lemon Pepper Fish</p>	<p>AARP Tax Service</p> <p>12:00 Veggie Lasagna</p>	<p>12:00 Salisbury Steak</p>	<p>March</p> <p>9:00 Sewing Expo</p>	

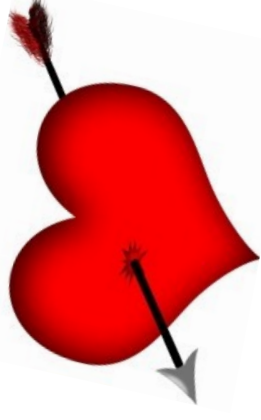
Senior Nutrition Program February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Turkey Meatball Submarine Sandwich Crisp Green Salad w/sliced red onions Peaches
4 Ham Melt Sandwich Tomato Soup Crisp Green Salad Mixed Fruit Salad	5 Meatloaf Mashed Potatoes w/Gravy Peas & Carrots Apples Slices	6 Hawaiian Chicken Steamed Brown Rice Capri Veggies Mandarin Orange	7 Tuna Cakes Scalloped Potatoes Crisp Green Salad Pineapple	8 SITE CHOICE Sausage & Pasta Alfredo Green Salad Fruit Garlic Bread
11 Chili w/Beef & Beans Corn Bread Crisp Green Salad Peaches	12 Chicken A La King w/Veggies on a Biscuit Steamed Vegetables Mandarin Oranges	13 Pork Roast Roasted Red Potatoes Steamed Carrots Fruit Salad Dinner Roll	14 Country Fried Steak Mashed Red Potatoes Country Gravy Spiced Pears	15 Battered Fish Fillet Oven Fries Coleslaw Apple Crisp
18 Closed for President's Day	19 SITE CHOICE Spaghetti W/ Meat sauce Green Salad Fruit Garlic Bread	20 Baked Chicken Garlic Mashed Potatoes Capri Veggies Fresh Fruit Dinner Roll	21 Tamale Pie Spinach Salad Pineapple	22 Tater Tot Casserole Green Beans Pears Dinner Roll
25 Egg & Sausage Bake w/veggies Crisp Green Salad Cinnamon Applesauce	26 Lemon Pepper Fish Rice Pilaf Green Beans Peaches Dinner roll	27 Vegetarian Lasagna w/Parmesan Cheese Steamed Broccoli Peaches Garlic Bread	28 Salisbury Steak Mashed Potatoes w/Gravy Steamed Cauliflower & Carrots Fruit Cocktail	

**** Friday meals in Lacey are not federally funded and require payment to attend** (Menu Subject to change)**



February 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sales Color Orange	Never to old for love!!!	The sun is up, The sky is blue Today is beautiful, And so are you!!	Buy jewelry for your Valentine!	LOCAL Donations Supports LOCAL Business	1 Orange tag 50% off	2 Clothing 50% off
3 Closed	4 MCSAA 33% off	5 Seniors & Military Receive 15% Off	6 Electronics 25% off	7 Kitchen Items 25% off	8 Knick Knacks 25% off	9 Jewelry 25% off
10 Closed	11 Jewelry 25% off	12 Seniors & Military Receive 15% Off	13 Books 60% off	14 Books 60% off	15 Books 60% off	16 Books 60% off
17 Closed	18 Orange Tags 75% Off	19 Seniors & Military Receive 15% Off	20 Managers Choice!!!!	21 Kids Toys 50% off	22 White tags 25% off	23 White Tags 25% off
24 Closed	25 Orange Tags 90%off	26 Seniors & Military Receive 15% Off	27 Fabric 25% off	28 Furniture 25%off	Did You know? We deliver Small fee	Recycle Reuse Reduce Repurpose
Closed	We pick up donations Call us at 360-427-0858	Make new friends, volunteer!	We always accept jewelry donations.	We Pick up your left over garage sale items!!!!	Nifty Thrifty is the major funding source for the MCSAA	Hours M-F 9:30-5:30 Sat 9:30-5:00

Our goal is to provide quality merchandise at fair prices. Nifty Thrifty Store is the major funding source of the Mason County Senior Activities Association. Please call 360-427-0858 and ask about donation pick up services.