

Active Living



Monday thru Thursday 8 am to 4 pm, Friday 8 am to 3 pm

Mason County Senior Activities Center

May 2021

We are happy to announce that we are open for a few activities on Monday, Wednesday and Friday – from 8:00 AM – noon.

In order to remain open and consider opening further, we require volunteers. Contact Val for ways to help

- Masks must be worn at all times and you must check in at the kiosk. Current members only.
- We understand that you are eager to come back and resume your game time. However, we also want to observe the utmost caution while following state mandates. We encourage all of you to be vaccinated but it will not be a requirement for entry. We ask you to please be patient a little longer.
- Congregant meals are on hold – we're waiting to hear more from Senior Services for South Sound
- Available activities can be found on page 7

COVID-19 Vaccines:

- The Senior Center has been working with Mason Health to stage COVID-19 vaccination clinics. We have scheduled 4 Pfizer clinics as of this printing. This comes to about 1,000 people.
- Important Note: We will always strive to accommodate any COVID vaccine clinic that becomes available to us. This means that we may be inconvenienced and/or closed in order to provide this public service. Thank you in advance for your patience in this matter.

Nifty Thrifty:

- Nifty Thrifty is looking for at least 2 volunteer cashiers. Experience is desired but they will train.

General Membership Meeting – Tuesday, May 18, 2021 at **9:00 am**

- Must have 20 members attending to conduct any business
- Zoom will be available for you to attend remotely. Contact Val for the invitation (activities@ mcsac.net)

Tax Aid:

- We will be the AARP Drop-Off Site for tax services. This means that you will drop off your paperwork with the AARP preparer and then come back to pick it up an hour later. You will not wait in the building.
- Thursdays 10:00 – 4:00, through May 13th
- Call 360-358-2746 to book appointment

Magazines

- We've been swamped with old magazines and ask that you please recycle them elsewhere – especially during this time of COVID.

Mason County Senior Activities Association

Annual membership dues are \$40

Activities Center "50 and Better Activities Center"

Address: 190 W. Sentry Dr., Shelton

Phone: (360) 426-7374

Email: info@mcsac.net **Web:** www.mcsac.net

FB: [https://www.facebook.com/](https://www.facebook.com/MasonCountySeniorActivitiesAssociation)

[MasonCountySeniorActivitiesAssociation](https://www.facebook.com/MasonCountySeniorActivitiesAssociation)

Staff:

Interim Director: Val Wedman

Event, Activities & Volunteer Coordinator:
Val Wedman

Bookkeeper & Data Coordinator: Penny Wilson

Volunteers: Contact Receptionist to help.

Receptionists:

Patt Matsen	Kathy Abernathy-Robinson
Ella Kowalski	Kathleen Blanchette
Phyllis Glisson	Janna Yorke

Center Hosts:

Doris Fredin	Jill Neil
Irene Moffatt	Bill Bezanson
Ella Kowalski	Linda Bostwick

Gift Shop: Jill Neil

Sunshine: Jill Neil

Van Drivers: Clay Long, Glenn Harper,
Trent Palmer, Wayne Souza

Newsletter and Layout: Val Wedman and
Penny Wilson

Editorial Committee:

Julie Whaley	Gale Glenn
Val Wedman	Avis Ross
Terry Nelson	

Photographer: Glenn Harper and Gale Glenn

Mailing Team: Gil Palmer, Al Lawrence,
Bill Bezanson & Ann Olli

Distribution: Nila LeGault, Reiko Mauer and
Steve Mutoli

Web-master: Dave Pierik

Nifty Thrifty Store

Your Hometown Thrift Store
Voted Mason County's Favorite Thrift Store
826 W. Railroad Ave., Shelton, WA 98584
(360) 427-0858

E-mail: niftythrifty@hcc.net or

eBay ID: [niftythriftythriftstore1](https://www.ebay.com/str/niftythriftythriftstore1)

FB: <https://www.facebook.com/nifty.thrifty.shelton>

MCSAA

Members receive 20%
off regular priced items
in store \$5 or more, with some
exceptions.

Members: **Remember to show your
cardboard 2020/2021 membership card
before cashier starts ringing up your order.**
**Your plastic key card is not proof of
current membership. Contact the
Center if you need another
cardboard card.**

Open Monday-Saturday 9:30-5:00

Donations Monday – Saturday 10-4:30

Your quality donations are needed!

Store Director: Michelle Marks

Assistant Manager: Melissa Elliot

Staff: Linda Trail, Cathy Jones and Moriah Ward

Dedicated Volunteers:

Adelheid Krohne	Gary Yuan	Ruth Coots
Aloma Perez	Irene Moffatt	Vivian Bentkowski
Arlyn Skarich	Jan Kallinen	Marilyn Olson
Axel Van Wormer	Jane Donahue	Jill Neil
Betty Thompson	Kyle Dimisillo	Wayne Souza
Carole Pelela	Maxine Neese	Rich Sawyers
Cynthia Middleton	Pamela Johnson	
Doug Kreklow	Rachel Sedlaek	
	Reda Keller	

Additional volunteers are always needed.

Call Michelle at 360-427-0858 to volunteer.

This institution is an equal opportunity provider and
employer.

Center Holiday Closures

2021

January 1	New Year's Day
January 18	MLK Day
February 15	Presidents Day
May 31	Memorial Day
July 2	Independence Day
September 6	Labor Day
November 11	Veterans' Day
November 25-26	Thanksgiving
December 24	Christmas

Mission Statement

To enhance the quality of life of senior adults in
our community through recreation, information,
education and nutritional services, including
health and wellness programs.

Meetings

MCSAA Virtual Board Meeting

Tuesday, May 11th at 9:30 am

The MCSAA Board meets the second Tuesday of each month at 9:30 am. If a member desires to bring something before the board, he or she should make the request in writing and give the request directly to MCSAA Board President Clay Long or Interim Director Val Wedman 24 hours in advance so the member can be added to the agenda. Please include your name, member number and phone number so Clay can contact you if there are any questions. To attend the virtual meeting, email Val (director@mcsac.net) for the link.

MCSAA 2021 Board

President: Clay Long

Vice President: Bill Bezanson

Secretary: Wayne Souza

Treasurer: Marilyn Olson

Patti Vernie

Open Spots Available

MCSAA Member General Meeting

Tuesday May 18th at 9:00 am

Dining Room

New Board Member

Nominations

The General Membership meeting for MCSAA is on the third Tuesday of each month at 9:00 am. All members in good standing (membership paid for 2021/22) are invited to the General Meeting. You will hear updates on Center, Nifty Thrifty and Pavilion activities. This month we will be asking for nominations for the board. We encourage you to attend, it's your business!

Attend!

Center Wish List

We would greatly appreciate donations of:

Nifty Thrifty needs:

Clear Packing Tape

1" Masking Tape

Large Padded Envelopes

Plastic Grocery Bags

Bubble Wrap

Packing Peanuts



Thank you very much for your donations!

Here is a web address to our Amazon wish list for your convenience:

Please note that it is case sensitive.

<https://a.co/86hGxTi>

For up-to-date information about the Senior Center, please check:

- <https://www.facebook.com/MasonCountySeniorActivitiesAssociation>
- www.mcsac.net



Donations:

- Send checks: 190 W Sentry Dr. Shelton, WA 98584
- GoFundMe: <https://charity.gofundme.com/en/campaign/support-mason-county-senior-activities-center-during-covid-19-closure>

What's That By The Kiosk?

First, thank you for checking in at the kiosk! This helps us know how the building is being used and who is using it. It is also important information when we apply for grants.

Did you notice the new hand sanitizer dispenser right by the kiosk? If not, look for it the next time you check in to the Center and try it out. It's touch-less.

All of these steps we take, (masks, sanitizer and social distancing,) help to ensure our safety as well as the safety of all our members and future guests. Thank you for following all the rules.



Senior Services for South Sound & Meals on Wheels
Congregate (group) meals are currently not available here at the Pavilion at this time.

Home Delivered Meals

Services are available which provide nutritious meals to older and disabled adults who are homebound and meet assessment criteria.

Senior Services for South Sound Olympia

Serving Mason County Residents
(360) 586-6181 Ext 124

www.SouthSoundSeniors.org

Drivers Wanted

Meals on Wheels is seeking compassionate volunteers with the desire to serve others in need and donate a few hours every two weeks as meal delivery drivers. Must have

- * Valid Washington Drivers License,
- * Auto insurance
- * Background check.

Mileage reimbursement is available.



New to Medicare

Free Zoom Presentations. Join us for a free, unbiased webinar all about Medicare!
Choose *one* of these available appointment times:

“Welcome to Medicare”

Wed., May 5 | Mon., May 10 | Thurs. May 20
(These webinars run from 10 am to 12 pm)

Tues., May 18 from 1 pm to 3 pm

Thurs., May 13 from 3:30 pm to 5 pm

“Take Charge-Help Prevent Health Care Fraud and Abuse”

Wed., May 26 11am to noon

To re-register to reserve your Zoom webinar spot:
[ThurstonMasonShiba.Volunteers@](mailto:ThurstonMasonShiba.Volunteers@southsoundseniors.org)
southsoundseniors.org

Once we receive your email, we will send you the link to the webinar with more details.

We cover:

- Medicare A, B, C and D
- Help you understand your Medicare benefits and options
- How to avoid becoming a victim of Medicare fraud

Statewide Health Insurance Benefits Advisors (SHIBA) offers free unbiased and confidential service provided through the Office of The Insurance Commissioner. SHIBA provides a free overview of Medicare. For more information, Call SHIBA at 360-586-6181 ext.134.

Services for All Seniors at Mason County Senior Activities Center

Current MCSAC Membership is NOT required for the following Services.

Foot-Care-- is currently not available but we hope to offer this service soon. Look for coming announcements.

Commodity Supplemental Food Program

There is a sign up for the Commodity Supplemental Food Program – CSFP. This is a program for seniors over the age of sixty who meet federally regulated income guidelines. CSFP participants receive a 40-pound box of food once per month. For questions, or to get your application call **Todd at Thurston County Food Bank** for information **360-352-8597 x206**.

Abundance Table — is currently not available but we hope to offer this service soon. Look for coming announcements.

Priority Footwear- The 4th Monday of every month. Provides easy access to comfortable, custom fit, therapeutic footwear for the Diabetic community. Call Patty Popowich CFTS (360-593-1985) for an appointment

Free Medical Supplies Lending Library — Borrow walkers, toilet seat boosters, wheel chairs, etc., from our lending library. Supplies fluctuate. Please call 360-426-7374

Magazines are great but....

People love magazines but we are currently not accepting any magazines for the Senior Center. We also ask that you don't leave them at our book exchange in the bus shelter. Thank you very much for your understanding.

Book Exchange

We are asking that when you exchange your books, please do not use the bottom shelves. They are not protected and books will not fare well in wet weather. We really do not want to throw any books away!



Senior Walkers on their first walk of the season--Huff and Puff

Where To Purchase Parks Passes For Hikes and Summer Travel

You can purchase the National Parks Pass at: USDA FS-Olympic National Forest Supervisor's Office. 1835 Black Lake Boulevard SW, Olympia. Senior annual or lifetime passes can be purchased but **Call first 360-956-2402 for availability** or online at <https://store.usgs.gov/senior-pass>. **You will need physical passes to enter parks, no copies.**

Discovery Passes can be purchased at Fred Meyers, Verle's, Walmart, Union Chevron, Union Food Mart and various other locations or <https://store.discoverpass.wa.gov/>

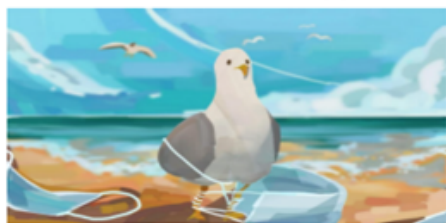
Senior Walkers May Schedule

We meet at 9:50am and leave promptly at **10 am**. Walks are always on Tuesdays.

\$1 suggested Donation

- **May 4th--Nisqually National Wildlife Refuge**, National Parks Pass required and no dogs
- **May 11th-- Murhut Falls**, Dogs OK, Bring a sack lunch, No toilets at trail head
- **May 18th-- Oakland Bay County Park**, no dogs.
- **May 25th--Priest Point Park**, Dogs ok, Discover Pass required.

If you want to help save animals, start by cutting off the straps of your masks. Otherwise this can happen.



So all you have to do is take the straps, and quickly cut them off just like this.



Then you can be a hero for the environment and earth's animals!!!

Sewing Room News

Our sewing and quilting group have been working hard getting the sewing room reorganized, sorted and easier to use. Everything in it's place is what we are trying to follow. The wonderful treasurers we have found and the fabrics that remind us of different times in our lives has been a fun trip down memory lane.

We have moved out some of the cupboards for use in other parts of the building which makes room for some other items that have been donated.

Annie's Quilt Shoppe, here in Shelton, generously donated a couple of cutting tables and a few previously loved sewing machines.

We want the sewing room used when classes are not going on. So if you have projects to work on, quilts to baste or things to mend, we have sewing machines and space to do it. Please call to see when the room is available for your use.

We are also thinking about new boutique items for sale in the future. What would you like to see? Please email Penny with any suggestions at bookkeeper@mcsac.net.

Where Did The Craft Room Go?

In the last few months we have been rearranging and trying to think of ways to make our spaces more efficient.

One way was to move the craft room into the old pool room and move the storage from the pool room into the craft room.

The crafters will have more table space and peace while they create and the storage area can truly be the hallway that it has always been used as. New clear storage drawers were donated so all the Center's craft supplies can be organized and easy for all to see.

Do you have a craft you would like to learn, a group of friends who want to work on a project, or are you a crafter that needs some space to work for a day? Let us know if you would like to book time in the craft room for your projects.

CALLING ALL ARTISTS

Nifty Thrifty needs new paint. We are thinking to put murals that depict Shelton life on the ends of the building. The City has granted permission, so now we need to come up with something great! Are you artistically inclined and wanting to be involved? We would love your ideas, input and skills!

Sewing Circle At Home?

Our sewing circle works on a variety of projects to sell in our boutique and at bazaars. Due to our reduced schedule, we decided to try a work at your own pace and from home monthly project.

In May our project will be grocery bag holders. We will have supply kits available for those who want to sew the projects at home for \$1.00 (this covers cost of printing and the beginning fabric and elastic). When you return your finished bag, you may select another supply-only kit free of charge. Let's see how many bags we can make!

Classes and Activities for Current Members

All classes subject to change. Please confirm with the receptionists

FITNESS FOR MEMBERS

DESCRIPTION	DAY	TIME	COST
Tai Chi: At the Center	Monday Wednesday Friday	8:30-9:15 AM	\$1 donation
Tai Chi: Zoom	Wednesday Thursday	W 8:30-9:15 AM TH 10-10:45 AM	\$1 donation
Line Dance: At the Center	Monday Wednesday Friday	10 -11:30 AM	\$1 donation
Line Dance: Zoom	Monday Wednesday Friday	10 -11:30 AM	\$1 donation
Yoga: Zoom	Tuesday Thursday	8:15-9:30 AM	\$1 donation
Senior Walkers	Tuesday	10 AM	\$1 donation

CLASSES FOR MEMBERS

CLASS NAME	DAY	TIME	COST
Sewing and Knitting Circle We meet in the sewing room and work on sewn/knitted projects to sell in our Gift Shop, bazaars or raffles.	<i>Coming</i>	<i>Soon</i>	<i>\$1 donation</i>
Block of the Week Quilt as You Go Each week we will learn a new block and ideas on how to quilt it. Finished project size is up to you. This class will continue throughout the year. Classes will be drop in style so you do not have to attend or sign up for all of them. Materials list available on the bulletin board in the sewing room.	Wednesday	9:30-Noon	\$5 Members per class/
EZ Crafters The crafters work on a variety of projects, many of which end up for sale in our annual bazaar.	Monday	9:30-Noon	\$1 donation
Art Workshop Need a place to paint? This workshop offers you a great spot to paint with friends In the MCSAC dining room. Bring your own supplies and work on your project.	Monday	9:30-Noon	\$1 donation
Woodcarving The Shelton chapter of the Capital Woodcarvers Club. The woodcarvers can provide assistance, training and access to tools and wood supplies. Located in the back of the dining room.	<i>Coming</i>	<i>Soon</i>	<i>\$1 donation</i>

Have You Volunteered For The Senior Center Since January?

If you checked in at the kiosk, we have your information. What we really need to know your hours that weren't recorded in the kiosk. Please let Val or one of the receptionist know how many estimated hours and in which month. If you can't remember the exact dates it is okay but we need a rough estimate for our records. Thank you for volunteering, you are the backbone of this association!

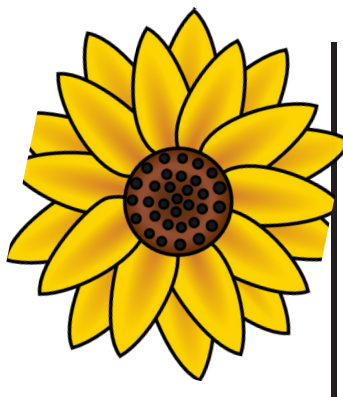
May 2021 A

Every Monday	Every Tuesday	Every Wednesday
8am- 12pm Socializing 8:30am Gentle Tai Chi 9:30am Crafters 10am Line Dance 10am Zoom Line Dance 10am Artists Workshop	8:15am Zoom Yoga 10am Senior Walkers (meet at the center parking lot 9:50am) info on pg. 5. Center Closed for Activities	8am Socializing 8:30am Gentle Tai Chi 8:30am Zoom Gentle Tai Chi 9:30am Sewing Group (starts the 21st) 10am Line Dance 10am Zoom Line Dance
Monday	Tuesday	Wednesday
3	4 10 Senior Walkers: Nisqually National Wildlife Refuge	5 10-12 SHIBA Zoom Appt.
10 10-12 SHIBA Zoom Appt.	11 9:30 Board Meeting 10 Senior Walkers: Murhut Falls	12
17	18 9:00 General Membership Meeting 10 Senior Walkers: Oakland Bay County Park 1-3 SHIBA Zoom Appt.	19
24	25 10 Senior Walkers: Priest Point Park	26
31 Closed for Memorial Day	There are 40 members with May birthdays	No meals will be served at this time.

Activities		
Every Thursday	Every Friday	Every Weekend
8:15am Zoom Yoga 10am Zoom Gentle Tai Chi Center closed for activities	8am Socializing 8:30am Gentle Tai Chi 10am Line Dance 10am Zoom Line Dance	
Thursday	Friday	Saturday/Sunday
		1/2
6	7	8/9
13 10-12 SHIBA Zoom Appt.	14	15/16
20 3:30-5 SHIBA Zoom Appt.	21	22/23
27	28	29/30
Don't forget to check Nifty Thrifty's sales calendar. Members get extra special discount days!	We love our volunteers!	



Nifty Thrifty May 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sales Color Orange	Summer Wear Coming Soon!	April Showers bring May Flowers Here!	Get your Hawaiian Shirts Here!	Call about donation hours	MASK UP	1 Orange tag items 50% off
2 Closed	3 Kitchen Items 25% off	4 Seniors & Military Receive 15% off	5 Purses 25% off	6 White Tags 25% off	7 White tags 25% off	8 Clothing 50% off
9 Closed	10 Jewelry 25% off	11 Seniors & Military Receive 15% off	12 Books 50% off	13 MCSAA members 33% off	14 Clothing 50% off	15 Shoes 50% off
16 Closed	17 Orange Tags 75% off	18 Seniors & Military Receive 15% off	19 Clothing 50% off	20 Kitchen Items 25% off	21 Knickknacks 25% off	22 White Tags 25% off
23 Closed	24 Orange Tags 90% off	25 Seniors & Military Receive 15% off	26 Furniture 25% off	27 Kids Toys 25% off	28 Drinking Glasses 50% off	29 Clothing 50% off
30 Closed	31 Closed for Memorial Day	Make new friends, volunteer!	We are always looking for jewelry.	Recycle!!! Reuse !!! Repurpose!!!	Nifty Thrifty is the major funding source for the MCSAA	Hours Mon-Sat 9:30-5:00

Our goal is to provide quality merchandise at fair prices. Nifty Thrifty Store is the major funding source of the Mason County Senior Activities Association. Please call 360-427-0858 and ask about donation pick up services.

KIOSK

Please remember to check in at the kiosk on your way in. Even if there is a line.

It helps **us** to know who is here volunteering, taking classes and visiting.

It helps **you** to know what is going on at the center with information and reminders.

In the event of an emergency we need to know how many people are possibly at the center.

We want to thank you all for checking in!

A Big Shout Out for Earth Day

We want to thank everyone who went out and cleaned up trash along the roadways and trails for Earth Day. We know that some of our members were part of the cleaning crews and we thank them for doing their part.

Remittance Envelopes

We are including our remittance envelope for your convenience. Our initial hope was to receive enough donations to pay off our mortgage and then COVID-19 came. We included the remittance envelopes monthly in hope of receiving enough donations to keep our doors open and we are still here! Thank you donors ! We continue ask for donations towards our initial goal of paying off the mortgage.

As a nonprofit we rely on others' generosity and do not receive government subsidies. We are self supporting and our largest source of income comes from Nifty Thrifty. Any size donation counts and they are truly appreciated. We are looking at donations as one gift at a time- they all count no matter the size. If you can afford to give to the Senior Center, please do.

Seeking Senior Center Director for Mason County Senior Activities Center.

Primary responsibilities: Maximizing revenue with experience developing and overseeing an annual budget; Ability to network with other organizations, deepening relationships and engaging the senior community; Good data entry experience and computer skills. Must have the ability to organize a variety of tasks, meet deadlines and attend to details. Demonstrated ability to lead an organization through change and growth. Strong listening, public speaking and writing skills. Experience in program development and oversight. Bachelor's degree with 3+ years of executive level experience or comparable. Must be a visionary with proven leadership skills and experience working with a Board of Directors. This is a full-time position.

Application and full job description available online at www.mcsac.net. Send letter of interest and resume to MCSAA, 190 W. Sentry Dr, Shelton, WA 98584 or email director@mcsac.net

VOLUNTEERS NEEDED

Do you have some time to invest in MCSAA?

As you know, volunteers are what makes our world go round here at the Senior Center. And we have some gaps that we're asking you to fill.

Volunteering is the best way to meet new friends and help the Senior Center at the same time. We would love to have you join our friendly group. Stop by the reception office and fill out a volunteer form today!

See Val for more information.

Scavenger Hunt of Improvements

For the April General Meeting we decided that instead of telling people what improvements we made, it would be a good observation game...with a prize! The prize was a free membership for one year.

There was a tie for first place therefore, we needed to do a drawing. We used www.wheelofnames.com to determine the winner.

The winner is: Kathy AR

Attendance at our general meetings are extremely important. We need a minimum of 20 members in attendance to conduct business. It is also a time and place to learn what is going on at the Center and to ask questions.

In April, we did not have enough members in attendance to conduct any business beyond information. We want to make this meeting accessible to more members, so we have changed the time to 9:00 am

We encourage you to attend our monthly general meetings to learn what is happening at your Senior Center and to help in the decision making process. Plus we do drawings.

April raffle item was: \$25 gift certificate to Nifty Thrifty

The winner of the April General Meeting raffle was: Reiko

We asked that everyone who came for the meeting to sign into the kiosk. We used the raffle feature in [myseniorcenter](http://myseniorcenter.com) to determine the winner of the raffle.

2020/2021 Improvements at MCSAC Scavenger Hunt Answers

Ballroom/Dining Room:

1. Man-lift moved
2. Draperies on outside wall removed
3. New, fire-resistant stage curtains
4. Cabinets for games (cards, pinochle and Thursday bingo)
5. Black metal box by microwave removed
6. Oysterfest artwork on back wall
7. Stacks of chairs moved
8. New exit signs

Back Bathrooms:

1. New paint on walls
2. Cabinet/table/trim all painted black
3. Mirror frame & light fixtures painted black
4. New artwork/new cabinet

Sewing Room:

1. Cabinets moved
2. Blue table removed
3. Cutting tables added

Craft Room:

1. Cabinets removed
2. Shelves/curtains attached
3. Chair storage

Wild Card:

1. SSSS & Director offices switched
2. Touch-free hand sanitizer dispenser at the kiosk

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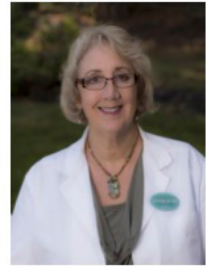
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LORRAINE'S MUSIC STUDIO

Please call to schedule your free
one-hour lesson:

(360) 481-8360

825 W Franklin St Shelton, WA 98584
Across the street from Evergreen Elementary

WWW.LORRAINEMUSSON.COM

Sojourners Welcome!

Stated Communication 2nd Thursday
of each Month (In June, 3rd Thursday)
Dinner 6:30 (Public Welcome!)
Lodge 7:30 pm (Masons Only)



At **Union City Lodge #27 F.&A.M.**
Across from Lucky Dog Casino
Questions: 360-280-9925
unioncity27@gmail.com



*We want to thank all of our
Corporate Sponsors for all
they have done for us. We
really appreciate it!!!*

Please support our **Corporate Sponsors** who support us.

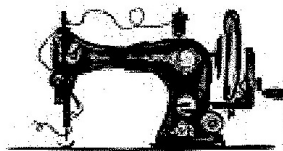
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Jeff Boothe

360-490-5771

jboothe511@yahoo.com

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enrolling in Medicare this
year? Are you thinking
about retiring? No matter
your situation, I can
answer your Medicare
questions.

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The Pavilion

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Specializing in weddings, reunions, meetings,
business conferences, and parties.

Event Coordinator: Val Wedman

360-426-7374 ~ pavilion@mcsac.net

190 W. Sentry Drive

Shelton, WA 98548

https://www.facebook.com/PavilionSentryPark/

MASON COUNTY SENIOR ACTIVITIES ASSOCIATION



190 W. Sentry Drive
Shelton, Washington 98584
Phone: 360-426-7374 Fax: 360-426-1955
www.mcsac.net



2021/2022 Membership Application and Agreement

Welcome! We hope you enjoy making new friends and participating in our many activities, classes, trips and volunteer opportunities. MCSAA Members enjoy great benefits including:

- Our excellent Active Living Newsletter every month
- Free birthday Lunch on the third Friday in the month of your Birthday
- Discounted Pricing on most trips and classes
- Exclusive access to some Center Classes, Trips & Functions
- Discount at our Nifty Thrifty Thrift Store
- Your emergency information on file in case it is needed

Annual Dues are \$40 per person. Membership is for those 50 or better, however, spouses of a 50+ member, that are not yet 50, may join as an Associate (non voting) member.

Make checks payable to M.C.S.A.A. (Mason County Senior Activities Association)

Please, PRINT all information CLEARLY

FIRST NAME: _____ MIDDLE _____

LAST NAME _____ NICKNAME _____

DATE OF BIRTH: ____/____/____ ☐ Male ☐ Female PHONE: _____._____._____

CELL _____ - _____ - _____ EMAIL ADDRESS _____@_____

MAILING ADDRESS: _____, _____, _____, zip _____

Check One: I prefer to receive my monthly Active Living newsletter by Regular US Mail ☐

Please save the cost of US Mail and email my Active Living newsletter ☐

I want to save MCSAA Postage, I'll see Active Living on their web site ☐

In Case of Emergency (Please fill this optional information out. Our members who have needed us to call for help have been thankful that they did)

Name: _____ Relationship _____

Phone #: _____ Cell _____

Physician _____ Phone #: _____

Ethnicity * Circle One **Caucasian** **African American/Black** **Hispanic/Latino** **Asian**
 Middle Eastern **Pacific Islander** **Native American/Alaskan** **Other**

*All Information is kept confidential but is useful for reporting anonymous statistics for Grant applications and other funding. Your cooperation is most appreciated.

Hold Harmless Agreement: I freely and knowingly assume the risks inherent in my participation in all activities, including all classes, travel and volunteer duties. I do hereby agree to indemnify, release, and hold Mason County Senior Activities Association, a WA non-profit corporation, doing business as Mason County Senior Activities Center & Nifty Thrifty, it's employees, volunteers, officers, board members and other persons or organizations harmless from and against any and all liability for any injury, loss of property, damages, or death, which may be suffered by me, or my Guests, arising out of, or in any way connected with volunteering or participating in any activities at the Center, Center sponsored activities at other locations, or while traveling with the Center, in the Center's bus or under it's auspices. Specifically, I understand that Mason County Senior Activities Association provides no medical insurance, and that I am responsible for the cost of treatment for any injury to me or my Guests.

Furthermore, I acknowledge that I am being strongly advised to consult a licensed physician prior to my participation in the activities that I have chosen, to determine their suitability and safety given my current medical condition. In addition, I acknowledge that MSCAA is not responsible for reminding me of activities that I have signed up for.

Photos/Video/Audio Release: I am aware that the Center activities are occasionally photographed by Center representatives the media and others, and that still photos, and/or audio and video recordings may be made to help promote the Center's non-profit mission, and fundraising efforts. I hereby give my permission for me to be photographed and recorded while participating in Mason County Senior Activities Association activities.

Thank you for joining... Your membership dues help provide services and programs to the Mason County Community. We are completely self funded by Nifty Thrifty, Pavilion Rentals, Members, Donors & Sponsors.

Signature _____ DATE: ____/____/ 20__

Last Name, First

Member #

New Member

Renewal

Key Tag X

☐

SCHEDULED

☐

WSP Check Completed

MCSAA 190 West Sentry Drive, Shelton WA 98584 Phone 360-426-7374 Fax 360-426-1955 www.mcsac.net

Volunteers are the Heart and Soul of our Center.

If you would like to volunteer your talents to our organization, please check those areas where you would like to help below.

Volunteer Questionnaire

Activities of interest or Skills you Possess— Please check all that apply & fill in any blanks that apply.

- | | |
|---|---|
| <input type="checkbox"/> Serve on the MCSAA Board | <input type="checkbox"/> Facility Management |
| <input type="checkbox"/> Newsletter Publication | <input type="checkbox"/> a. Electrical |
| <input type="checkbox"/> Newsletter & Flyer distribution | <input type="checkbox"/> b. Plumbing |
| <input type="checkbox"/> Newsletter folding, sealing & mailing | <input type="checkbox"/> c. Carpentry |
| <input type="checkbox"/> Teaching Computer Classes: Beg/Inter or Adv | <input type="checkbox"/> d. Handyman/Repairs |
| <input type="checkbox"/> Teach _____ Class (fill in your skill) | <input type="checkbox"/> e. Painting |
| <input type="checkbox"/> Teach Genealogy Class | <input type="checkbox"/> f. Janitorial |
| <input type="checkbox"/> Teach a Health/Diet/Nutrition Related Class | <input type="checkbox"/> g. Garden/Grounds |
| <input type="checkbox"/> Teach a writing class | <input type="checkbox"/> Clerical/Secretarial |
| <input type="checkbox"/> Teach a _____ exercise class | <input type="checkbox"/> a. Data Entry |
| <input type="checkbox"/> Reception Desk (answering phones, taking money, | <input type="checkbox"/> Are you computer literate? Y N |
| <input type="checkbox"/> trips, registering new members) | Miscellaneous |
| <input type="checkbox"/> Host (Make Coffee/tea/ maintain treats & utensils) | <input type="checkbox"/> b. Grant Writing |
| <input type="checkbox"/> Cook/clean/prep for Friday Lunches | <input type="checkbox"/> c. Fundraising |
| <input type="checkbox"/> Volunteer to help with Special events | |
| <input type="checkbox"/> Cook/clean/prep for Special Events | |
| <input type="checkbox"/> Decorate/Set up for Special Events | |
| <input checked="" type="checkbox"/> Provide entertainment | |
| <input type="checkbox"/> Bingo Caller/set-up/take down/Karaoke Host | |
| <input type="checkbox"/> Potluck Help | |
| <input type="checkbox"/> Decorate the Center for seasonal cheer | |
| <input type="checkbox"/> Make Crafts to sell or decorate to our fundraisers | |
| <input type="checkbox"/> Photography (take pictures at events and of Members) | |
| <input type="checkbox"/> Trip Driver (must have clean driving record) | |

Your Ideas:

**I hereby authorize a background check to be done by the
W.S.P. Watch for the purpose of working with vulnerable adults and
our insurance. This is required for any and all positions.**

Signature _____ DATE: ____/____/20____

PHONE # _____

Print Name: _____ DOB: ____/____/____

Any other names used? _____

Additional information we might find useful? _____

Last Name, First _____

Member # _____

New Member _____

Renewal ☐

Key Tag X _____